



NSW Child, Adolescent and Family Interest Group (CAFIG) Newsletter

February 2010

Convenor: Dianne Starkey
Treasurer: Judy Christian

Secretary: Rosanna Francis
Webmaster: Ruth Fordyce

Committee: Barbara Preston, Leonie Sequeira, Carmel O'Connell, Glynnis Robinson, Janelle Gallagher, Delde Kantzow, Juanita Lowe and Mary Schaafsman.

Dear CAFIG Members,

Welcome to the first Convenor's Newsletter for 2010. We have a very exciting programme for you this year and I am looking forward to meeting as many of you as possible at our different seminars and presentations. Last year we had a free social function in the middle of the year and it was enjoyed by those who attended. This year we have another free function for members in August 2010 which will be a very valuable workshop for all of us. There are also some very interesting speakers in March, June and November and we have already started negotiating for a couple of great topics for 2011.

PROFESSIONAL DEVELOPMENT ACTIVITIES FOR 2010

1. I am sure you have all received the flyer sent by our webmaster, Ruth Fordyce regarding our March seminar. Ian Johnsen is an experienced therapist and will be able to share his expertise with us. The workshop is titled **GETTING THROUGH AND GETTING ON: INFLUENCING OUTCOMES FOR KIDS AND FAMILIES IN NEED**. The workshop will give participants an opportunity to explore some ideas about the art, techniques and the processes of having influence in working with young people (and families). In particular, it will look at turning bullying and 'off track' behaviour towards pro-social experience. The workshop will be pragmatic rather than theoretical and many of the exercises and examples offered will reflect on issues that impact on young people on a daily basis.

Date: Friday 26th March 2010

Time: 9.30am – 4.30pm. Registration and coffee from 9am.

Venue: Burwood College of Nursing (short walk from Burwood station)

Cost: \$170 for CAFIG members, \$185 for non-members, \$140 for students (includes lunch and afternoon tea)

2. On Friday 25 June, we will be trying a new venue for our workshops, Parramatta RSL, which provides parking for free. The speaker for this workshop is still being negotiated and you will be informed as soon as the details are finalised. But it will be good so put the date in your diary now!

3. On Friday August 27 we plan to have our free day for members of CAFIG at Parramatta RSL. We have a selection of people to speak about the resources they have for use in therapy. We have Kimberley O'Brien (whom some of you may remember as a previous convenor of CAFIG) who runs the Quirky Kids Clinic and has a range of creative resources. Also presenting will be a representative of the Alpha Counselling Service who will bring along a selection of resources from St Lukes. A representative of the Brainary will be attending from Southern NSW to present some of the many games and resources they have for sale. We have two interstate speakers, one from South Australia, who has some new therapeutic board games and one from Perth who has published several books full of creative activities for working with children and adolescents. We are also looking at someone to present some resources from the Resilience Donut range (written by another of our previous convenors, Lyn Worsley). PsychOz are unable to come in person but they may be sending some of their catalogues and journals for perusal for those who might be interested. Resources will be presented and available for perusal and purchase on the day or by order. This will be a great day and a great way of getting more resources while networking with a lot of different people who work with children and adolescents.

3. November's workshop (Friday 26 November) is also going to be one to put in your diary. We have invited speakers from different disciplines of psychology to look at the treatment of children from different clinical perspectives. We have a speaker from the psychoanalytic persuasion, an art therapist, a music therapist, and a cognitive behaviour therapist. We will be confirming the final details and Ruth will send you a flyer as soon as all the details are finalised.

OTHER USEFUL INFORMATION

1. The Education Centre Against Violence has sent me a training calendar for their courses in 2010. There are a wide variety of courses in relation to child protection, sexual assault, domestic violence and childhood trauma. You will find these on their website: www.ecav.health.nsw.gov.au.

2. Tracey Rhodes of the University of NSW has given me the following information for your interest: **INTERNSHIPS IN CLINICAL CHILD PSYCHOLOGY: THE CHILD BEHAVIOUR RESEARCH CLINIC, UNIVERSITY OF NEW SOUTH WALES, Kensington Campus.** The UNSW Child Behaviour Research Clinic is currently offering a limited number of internships specialising in child and family mental health. Placements involve a minimum of 2 days per week for 18 weeks, and are supervised by a team of specialists in childhood emotional and behaviour problems led by the Director, Mark Dadds. The Child Behaviour Research Clinic is a dynamic and innovative working environment that specialises in the assessment and treatment of children aged 3 to 16 years. Our primary focus is on parenting strategies within an integrated cognitive-behavioural, attachment, and family systems framework.

The internships include: conducting clinical interviews with families, diagnostic assessments (including parent and teacher behaviour ratings, child self report questionnaires, computer tasks, family observations); and implementing individualised and group therapy for parents and children.

Applicants should have completed, or be currently enrolled in post-graduate training in clinical psychology or psychiatry.

I'm interested, who do I contact?

Ms. Tracy Rhodes (Placement Co-ordinator): trhodes@psy.unsw.edu.au

Or visit our website: <http://cbrc.psy.unsw.edu.au/>

3. I received an email from Chris Burke, which you might find interesting. Chris presented for us a couple of years ago on the impact of domestic violence on children. Chris is the creator of the Yarramundi puppets and she is well known across Australia. She has just launched the Yarramundi Kids Puppets TV show of which she is the Executive Producer and Director. It is on NITV Monday to Friday at 7 a.m. and 11 a.m. If you would like to know more about it, these websites may be of interest to you:

www.gracieproductions.com.au

www.nitv.org.au/yarramundikids

4. On a personal note, I have a private practice in Constitution Hill (a renamed part of Wentworthville). It has become very busy and I am looking at the possibility of getting others to come and work with me. The practice is a mixture of children, adolescents and adults as well as medico legal work. If anyone is interested, I would be pleased to hear from you.

5. If there are any items you would like to be added to the next newsletter, please contact Dianne on 9636 4397 or email dianne_starkey@bigpond.com

All the best for the upcoming year

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