Reference List: Dance Movement Therapy and Trauma: APS conference August 2015.

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The ‘Science’


Dykema, R. (2006). Don’t talk to me now I’m scanning for danger: How your nervous system sabotages your ability to relate. An Interview with Stephen Porges about his polyvagal theory. Nexus. March/ April: 30 - 35


DMT and Trauma in practice


Gray, A. (2002). The body as voice: Somatic psychology and dance/movement therapy with


**Working cross culturally**


**General: books and articles relating to DMT**


Levine, P. (Various)


Rothschild, B. (Various)


Van der Kolk, B. (Various)

**Some Links**

•Australian Childhood Foundation: [www.childhood.org.au](http://www.childhood.org.au)

•Child Trauma Academy (NMT/ Bruce Perry): [www.childtrauma.org](http://www.childtrauma.org)

•Dance Therapy Association of Australia [www.dtaa.org.au](http://www.dtaa.org.au)

•International Dance Movement Therapy Institute of Australia: [www.idtia.org.au](http://www.idtia.org.au)

•American Dance Movement Therapy Association: [www.adta.org](http://www.adta.org)

•Restorative Resources: Amber Gray: [www.restorativeresources.net](http://www.restorativeresources.net)