



**Jerusalem Narrative Therapy Institute.**



מרכז קיסם  
QESEM CENTER  
קשב לסייע  
מרכז להראא, הדראה וטיפול שיטופי

Qesem Center and Jerusalem Narrative Therapy Institute

are happy to host

**Rina Taub**

from Sydney Australia

for a short workshop

## **Co-researching of "The Survival Kit":**

**Navigating risk assessment and encouraging life sustaining conversations.**

on Sunday the 21<sup>st</sup> of April 2013 18:15-21:30

at the JNTI (Sderot Hertzel 60 4<sup>th</sup> floor, Qiriat Moshe)

Fee 75 NIS

For registration please call Chana -054-4799441 or Yishai 050-4101909

(the number of places is limited so we will accept registration on first come first get)

This is a workshop exploring preferred ways of working. The presentation developed out of reflective practice supervision sessions with a psychologist during her internship. It looks at how approaches to "suicide risk assessment" were impacting on her work and what we were discovering about the reservations and hesitations that they invited. Participants will hear insiders' experiences and feedback, learn about the Narrative framework underlying this alternative approach to speaking about distress/suicidal thoughts, and have an opportunity to look at and become more familiar with the line of enquiry itself. (putting the questions from the "Survival kit" under the microscope.)

It is an opportunity to connect with curiosity about ways of having these conversations and how to open up space for people to speak of dark thoughts that are respectful and encouraging of the "life -sustaining" steps people take. You will also have a chance to practice and have reflective conversations around dealing with discomfort/obstacles in your work as well as discussing ways of developing these ideas further and applying them to your own organisational/work context.

Rina Taub is a Counselling Psychologist with over 17 years of professional experience. She is Director of In-Sight Narrative Therapy and has engaged in Narrative practices in community Mental Health settings, as well as with young people, adults, couples and families in private practice, and as a registered clinical supervisor. She has enjoyed sharing the intentions that inform this framework, and the craft of the questions, through facilitating reflective practice groups, and workshops for various health and welfare agencies, such as Langton Centre, Jewishcare, Anglicare and Centrelink. Rina has had a long association with the Australian College of Applied Psychology, having been a supervisor in the Psychologists Registration Program since 2002. She is currently the convener of the Narrative Theory and Practice in Psychology interest group of the APS and involved in shining some light on the Narrative paradigm and encouraging research and training opportunities. Rina recently presented at the International Narrative Therapy and Community Work Conference in Adelaide in March this year.