My work as a Clinical Neuropsychologist

Presented by Aleks Tarnawski

My study pathway

1998 - 2000	Bachelor of Science	University of Melbourne
2001	Honours in Psychology	University of Melbourne
2002	Employment - Research Assistant, volunteer Telephone Counsellor	
2003 - 2007	Master of Psychology (Clinical Neuropsychology) La Trobe University	
2008	Registration as a Psychologist	

A 10-year journey!

What does a Neuropsychologist do?

Neuropsychological Assessment:

- Intelligence
- Attention and Concentration
- New Learning and Memory
- Problem Solving Skills
- Academic Skills
- Mood, Anxiety, Psychological Trauma, Grief, Stress

What does a Neuropsychologist do?

Diagnosis of and Assessing the Effects of:

- Learning disabilities
- ADHD
- Autism
- Traumatic brain injury
- Epilepsy
- Stroke
- Brain Tumours, cancer, effects of cancer treatments
- Dementia
- Alcohol and substance-related brain injury

What does a Neuropsychologist do?

Treatment recommendations

(e.g. recommendations for a rehabilitation program, strategies to assist in managing difficulties)

Behaviour management

(behaviour analysis and behaviour support plans)

Adjustment counselling

Where do Neuropsychologists work?

Hospitals and Outpatient Clinics

(e.g. neurology departments, rehabilitation centres, learning disability clinics, autism clinics, dementia clinics)

Private practice

(e.g. medico-legal assessments and work for insurance companies, such as TAC and Worker's Compensation)

Research centres

Current Job - South West Brain Injury Rehabilitation Service (SWBIRS), NSW Health

- Clients people who have sustained a traumatic brain injury (motor vehicle accident, sports injury, farm or workplace accident, assault) or stroke
- Colleagues team of allied health professionals Physiotherapists, Occupational Therapists, Speech Pathologists, Neuropsychologist; and visiting Rehabilitation Specialist and visiting Psychiatrist

My role:

- Neuropsychological Assessments (help to design clients' rehab programs)
- Psychological Assessments (mood, anxiety, stress, trauma)
- Adjustment Counselling and Psychological Therapy
- Education to clients and their families about brain injury

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Clinical Neuropsychologist

Chair, Albury Wodonga Branch, Australian Psychological Society (APS)

Private Practice - supervision of Provisional Psychologists, mentoring

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