

Friday, 5 April 2013				
Time	Item			
8am - 9am	Registration <i>Location: Pullman International Hotel (previously The Sebel, Cairns): Ground level; 17 Abbott St Cairns</i>			
9am - 9:30am	Welcome to Conference Address: Assoc Prof Lina Ricciardelli <i>Location: Tully II and III</i>			
9:30am - 10:30am	Keynote Address: Professor Brian Oldenburg <i>How 'soft touch' is 'high tech': New approaches to improve the prevention and control of chronic conditions</i> Chair: M. Caltabiano <i>Location: Tully II and III</i>			
10:30am - 11am	Morning Tea			
11am - 12:30pm	Paper Session 1: HEALTH BEHAVIOUR CHANGE I Chair: P. O'Halloran <i>Location: Tully III</i>	Paper Session 2: OCCUPATIONAL HEALTH I Chair: A. Clarke <i>Location: Rosser</i>	Paper Session 3: DEPRESSION, WELLBEING AND HEALTH Chair: N. Jeffery-Dawes <i>Location: Bluewater II</i>	Paper Session 4: INNOVATIONS AND CHALLENGES IN HEALTHCARE Chair: A. Chur-Hansen <i>Location: Tully I</i>
	J. Connor , <i>Facilitating behavioural change: The significance of social learning theory for health psychologists</i> P. O'Halloran , <i>Motivational interviewing: An evidence based examination of how it can be best utilised to change health behaviours</i> M. Johnson , <i>Motivations for lifestyle change to achieve weight loss: An interpretative phenomenological analysis</i>	C. Bean , <i>Gender differences in the association between job strain and BMI when moderated by work/life balance, and quality of life</i> T. Street , <i>Empowering employees to adopt healthy lifestyle behaviour changes</i> C. P. Lang , <i>Psychological wellbeing and health behaviour of mental health workers</i>	D. Bruck , <i>Young women with sleep difficulties are at greater risk of subsequent depression</i> T. Cruwys , <i>Social group memberships protect against future depression, alleviate depression symptoms and prevent depression relapse</i> N. Jeffery-Dawes , <i>Depression, anxiety and metabolic syndrome in farm men and women</i>	E. Howe , <i>An evaluation of quality of free smartphone and iPad apps in oral health promotion</i> A. Chur-Hansen , <i>Companion animals and human health: What is known and what is not?</i> B. Morris , <i>Understanding geographical cancer health inequality in Queensland</i> D. Ward , <i>The role of psychology in the public health sector: a house of straw?</i>

Friday, 5 April 2013 (continued)

Time	Item			
11am - 12:30pm (continued)	<p>H. Skouteris, <i>Health behaviour change techniques used to prevent gestational diabetes: A systematic review of the literature</i></p> <p>K. Bagot, <i>I'm just not that type of donor': Predicting the willingness to move between donation types using an extended Theory of Planned Behaviour</i></p>	<p>M. George, <i>Resilience as a mediator of self-control demands on wellbeing and job satisfaction in client focused work roles</i></p> <p>H. Jawed, <i>Emotional intelligence and work performance of nurses</i></p>	<p>R. Higgins, <i>Cognitive behaviour therapy benefits depressed cardiac patients: results of a randomised controlled trial</i></p> <p>D. Peachey, <i>Music and ageing</i></p>	<p>S. M. Y. Ho, <i>The rising need to improve community and individual health in China: Education and service gaps</i></p>
12:30am - 1:30pm	<p>Lunch: College AGM <i>Location: Tully II</i></p>			
1:30pm - 3pm	<p>Paper Session 5: HEALTH BEHAVIOUR CHANGE II Chair: H. Lindner <i>Location: Tully III</i></p> <p>M. Janda, <i>Skin cancer prevention and early detection facilitated by text messaging</i></p> <p>M. Maas, <i>Knowledge and beliefs about cervical cancer, its prevention techniques and pap smear participation in young Australian women</i></p>	<p>Paper Session 6: OCCUPATIONAL HEALTH II Chair: L. Ricciardelli <i>Location: Rosser</i></p> <p>C. Timms, <i>"Debuzzing the buzz" for the day: Work engagement and its diminishment</i></p> <p>P. Obst, <i>The influence of receiving and providing social support on retirees wellbeing; A longitudinal study</i></p> <p>H. Winefield, <i>Deciding when to retire: what is the role of health status?</i></p>	<p>Workshop 1 <i>Location: Bluewater II</i></p> <p>M. Opolski and E. Beilby <i>Interprofessional collaboration between GPs and psychologists</i></p>	<p>Workshop 2 <i>Location: Tully I</i></p> <p>M. Bryant and A. Beeden <i>Managing persistent pain across the continuum: A biopsychosocial perspective, from community to specialist care and back</i></p>

Friday, 5 April 2013 (continued)

Time	Item			
1:30pm - 3pm (continued)	<p>B. Schuez, <i>Making health risk messages more salient: Self-affirmation enhances the effects of emotive alcohol warning campaigns</i></p> <p>S. Leske, <i>A randomised controlled trial of an online theory-based intervention to improve adult Australians' sun-protective behaviours</i></p> <p>M. Janda, <i>Improving sun protection behaviours among outdoor workers</i></p>			
3pm - 3:30pm	Afternoon Tea			
3:30pm - 5pm	<p>Paper Session 7: CHRONIC DISEASE MANAGEMENT Chair: D. Goodman Location: Tully III</p> <p>D. Goodman, <i>Self-Management Intervention for Lifestyle Enhancement (SMILE) Project</i></p> <p>H. Lindner, <i>Development and evaluation of the APS chronic disease self-management and lifestyle risk modification DVD training program</i></p>	<p>Paper Session 8: RISK AND LIFESTYLE FACTORS Chair: M. McCabe Location: Rosser</p> <p>J. Rizk, <i>Obesity needs a supermodel</i></p> <p>C. P. Lang, <i>Daily stress and pain catastrophising in headache</i></p> <p>C. Connaughton, <i>Medical and lifestyle factors associated with male sexual dysfunction</i></p>	<p>Workshop 1 (continued) Location: Bluewater II</p> <p>M. Opolski and E. Beilby <i>Interprofessional collaboration between GPs and psychologists</i></p>	<p>Workshop 2 (continued) Location: Tully I</p> <p>M. Bryant and A. Beeden <i>Managing persistent pain across the continuum: A biopsychosocial perspective, from community to specialist care and back</i></p>

Friday, 5 April 2013 (continued)

Time	Item		
3:30pm - 5pm (continued)	<p>S. Alder, <i>Intentional health: Computer modelling educating patients and guiding collaborative practice</i></p> <p>N. Schuez, <i>Health mentoring and physical activity in COPD patients: Anxiety moderates the effects of self-management knowledge</i></p> <p>J. Mercer, <i>Responsibility and self-management: Age-appropriate transition of power and control for Adolescents with Type 1 Diabetes</i></p>	<p>N. Pegum, <i>Cognitive and psychosocial functioning in patients with alcohol-related liver disease pre and post liver transplantation</i></p> <p>V. Vatiliotis, <i>First priority? Considering links between homelessness, physical and mental health in youth health service users</i></p>	
5pm - 6:30pm	<p>Welcome Drinks <i>Location: Level 1 Foyer Lounge or Pool Area (weather depending)</i></p> <p>Poster Presentations <i>Location: Level 1 Foyer Lounge or Pool Area (weather depending)</i></p>		
7:30pm	<p>Conference Dinner <i>Location: Fetta's Greek Taverna; 99 Grafton Street, Cairns</i></p>		

Saturday, 6 April 2013

Time	Item			
8am - 8:30am	Registration <i>Location: Pullman International Hotel (previously The Sebel, Cairns): Ground level; 17 Abbott St Cairns</i>			
8:30am - 10:30am	Paper Session 9: HEALTH AND RISK ASSESSMENT Chair: M. Caltabiano <i>Location: Tully III</i>	Paper Session 10: CHILDREN, PARENTS AND HEALTH Chair: L. Ricciardelli <i>Location: Rosser</i>	Workshop 3 <i>Location: Bluewater II</i>	Workshop 4 <i>Location: Tully I</i>
	<p>M. Callan, <i>Coping in the self-regulation of chronic illness: The CSCI</i></p> <p>M. Caltabiano, <i>The Medical Social Self-Efficacy Scale for use in culturally diverse groups</i></p> <p>C. Loopstra, <i>The processes of a parent's assessment and helping of their young child's pain</i></p> <p>B. Denny, <i>From paper to practice: The role of health professionals in promoting the quality of life of organ transplant patients</i></p> <p>A. Garrick, <i>Prevalence of psychological injury amongst Australian school teachers, and the impact of school factors</i></p>	<p>R. Roberts, <i>Perceptions of the supports that mothers and fathers of children with cochlear implants receive in South Australia: A qualitative study</i></p> <p>K. Hamilton, <i>Applying theory to understanding the health decisions of parents and their children</i></p> <p>P. Stacey, <i>Psychological distress, support and negative expressed Emotion in Parents of CHD children and youth</i></p> <p>D. Demir, <i>The role of bi-directional mother-child interactions on child eating and weight outcomes</i></p> <p>B. Evans, <i>Does pregnancy look good on me? Investigating body dissatisfaction across pregnancy and postpartum</i></p>	<p>Dr T. White <i>Working with Indigenous People to better health outcomes</i></p>	<p>Dr A. Clarke <i>Peer Consultation</i></p>

Saturday, 6 April 2013 (continued)

Time	Item			
10:30am - 10:45am	Morning Tea			
10.45am - 12.15pm	<p>Paper Session 11: CANCER AND HEALTH Chair: S. Burney Location: Tully III</p>	<p>Paper Session 12: ADOLESCENT HEALTH Chair: E. Strodl Location: Rosser</p>	<p>Workshop 3 (continued) Location: Bluewater II</p>	<p>Workshop 4 (continued) Location: Tully I</p>
	<p>Symposium: Targeting those most at risk and underserved: Developing the evidence base to support young people and their families affected by cancer</p> <p>U. Sansom-Daly, Adapting evidence-based therapy to the computer screen in paediatric/ adolescent oncology</p> <p>F. McDonald, Evaluating 'Truce': An acceptance and commitment therapy program for adolescents and young adults who have a parent with cancer</p> <p>L. Kurth, The right help, in the right place, at the right time: Meeting the needs of bereaved parents whose child has died</p>	<p>E. Klineberg, Self-management in adolescents with chronic illness; a new research clinic</p> <p>G. Mogorovich, Anorexia nervosa: Young people and their families' experiences of treatments</p> <p>A. Rushworth, The role of health beliefs in the physical and psychological functioning of adolescents with complex medico-psychosocial presentations</p> <p>B. Reveruzzi, Early adolescents' helping behaviors when a friend is injured in a fight: The role of an extended Theory of Planned Behavior</p> <p>E. Strodl, The development of a text/email messaging intervention to improve adherence in adolescents with severe haemophilia</p>	<p>Dr T. White Working with Indigenous People to better health outcomes</p>	<p>Dr A. Clarke Peer Consultation</p>

Saturday, 6 April 2013 (continued)

Time	Item			
10.45am - 12.15pm (continued)	<p>Individual papers:</p> <p>J. Brooker, <i>A qualitative exploration of treatment decision-making among individuals diagnosed with an acoustic neuroma</i></p> <p>A. Ventura, <i>Home based palliative care: A systematic literature review of the self reported unmet needs of patients and carers</i></p>			
12:15pm - 1:15pm	<p>Lunch: Book Launch <i>Location: Foyer Lounge, Level 1</i></p>			
1:15pm - 2:45pm	<p>Paper Session 13: BODY IMAGE AND HEALTH Chair: R. Roberts <i>Location: Tully III</i></p>	<p>Paper Session 14: CLINICAL INTERVENTIONS Chair: J. Stanford <i>Location: Rosser</i></p>	<p>Workshop 5 <i>Location: Bluewater II</i></p>	<p>Workshop 6 <i>Location: Tully I</i></p>
	<p>G. Tatangelo, <i>Social comparisons and body image in preadolescence: A qualitative study of children's use of appearance and ability-related social comparisons</i></p> <p>M. McCabe, <i>Body satisfaction among adolescents in eight different countries</i></p>	<p>P. Stapleton, <i>5 stages of recovery in eating disorders: Are we falling short of stage 5, complete recovery?</i></p> <p>E. Howe, <i>Clinical oral health psychology: treatment interventions for dental problems</i></p> <p>J. Stanford, <i>Interdisciplinary pain management: Evidence and practical implementation</i></p>	<p>Dr H. Lindner <i>Motivational interviewing and health behaviour change</i></p>	<p>Dr S. Burney and Ms J. Fletcher <i>End of life issues</i></p>

Saturday, 6 April 2013 (continued)

Time	Item			
1:15pm - 2:45pm (continued)	<p>R. Roberts, <i>Discrimination: An ongoing a problem for most Australians with craniofacial conditions</i></p> <p>A. Day, <i>The role of skin tone dissatisfaction and peer behaviour in the tanning behaviour of young adults</i></p>	<p>D. Bruck, <i>Does the simultaneous management of sleep health and mental health improve outcomes?</i></p> <p>C. Asanbe, <i>Toxic environment: Outcomes of parental methamphetamine addiction on child psychological health</i></p> <p>A. Faisal, <i>Trypanophobia (needle phobia) in young Adults: A cross sectional study</i></p>		
2:45pm - 3pm	Afternoon Tea			
3pm - 4:30pm	<p>Paper Session 15: RESILIENCE IN HEALTH Chair: R. Roberts Location: Tully III</p> <p>D. Bird, <i>Building community resilience and suicide awareness after natural disasters and in Indigenous communities</i></p> <p>S. M. Y. Ho, <i>The role of positive cognition in resilience</i></p>	<p>Paper Session 16: TRANSLATION OF RESEARCH TO PRACTICE Chair: E. Strodl Location: Rosser</p> <p>L. Brown, <i>Medicare Locals: A mechanism for achieving integration in primary health care? A policy implementation study</i></p> <p>J. Coburn, <i>Reducing stigmatising responses when working with people who have chronic health conditions - putting research into practice</i></p>	<p>Workshop 5 (continued) Location: Bluewater II</p> <p>Dr H. Lindner <i>Motivational interviewing and health behaviour change</i></p>	<p>Workshop 6 (continued) Location: Tully I</p> <p>Dr S. Burney and Ms J. Fletcher <i>End of life issues</i></p>

Saturday, 6 April 2013 (continued)

Time	Item			
3pm - 4:30pm <i>(continued)</i>	<p>J. Muller, <i>Improving mental health in unemployed people: Using the LAMB scale in individual psychological interventions</i></p> <p>E. Poulsen, <i>Rest, recovery and resilience: Experiences of cancer workers in Queensland</i></p>	<p>J. Richards, <i>A case for theoretical integration: Utilising constructs from three socio-cognitive models to improve the prediction of exercise and adopting a healthy diet</i></p> <p>J. Oliver-Baxter, <i>Knowledge exchange, primary health care and psychology - The role of the primary health care research and information service</i></p>		
4:30pm - 5:30pm	<p>Keynote Address: Professor Helen Winefield <i>Chronic health conditions: The role of health psychology and a self-management plan</i> Chair: L. Ricciardelli Location: Tully II and III</p>			
5:30pm - 6:30pm	<p>Closing Address of Conference and Award of Prizes: Assoc Prof Lina Ricciardelli Location: Tully II and III</p> <p>Farewell drinks Location: Level 2 Kingsfords Gallery</p>			