

**THE LIVED EXPERIENCE
MENTAL HEALTH
WORKFORCE**

CHALLENGES AND OPPORTUNITIES



Craig Wallace

Advocate

Independent Mental Health Advocacy

Craig.wallace@imha.vic.gov.au



Debra Parker

Mental Health Peer Coordinator

Anglicare Victoria

Debra.parker@anglicarevic.org.au



Lee Thornton

NDIS Appeals and Review

VMAC

Lee.thornton@vmiac.org.au

OVERVIEW OF PRESENTATION

LIVED EXPERIENCE MENTAL HEALTH
WORKFORCE

TRAINING

SUPPORTS

LEADERSHIP AND CAREER PATHS



Lived Experience Mental Health Workforce

What is lived experience?

What is a peer worker?

What are the roles peer workers are employed in?

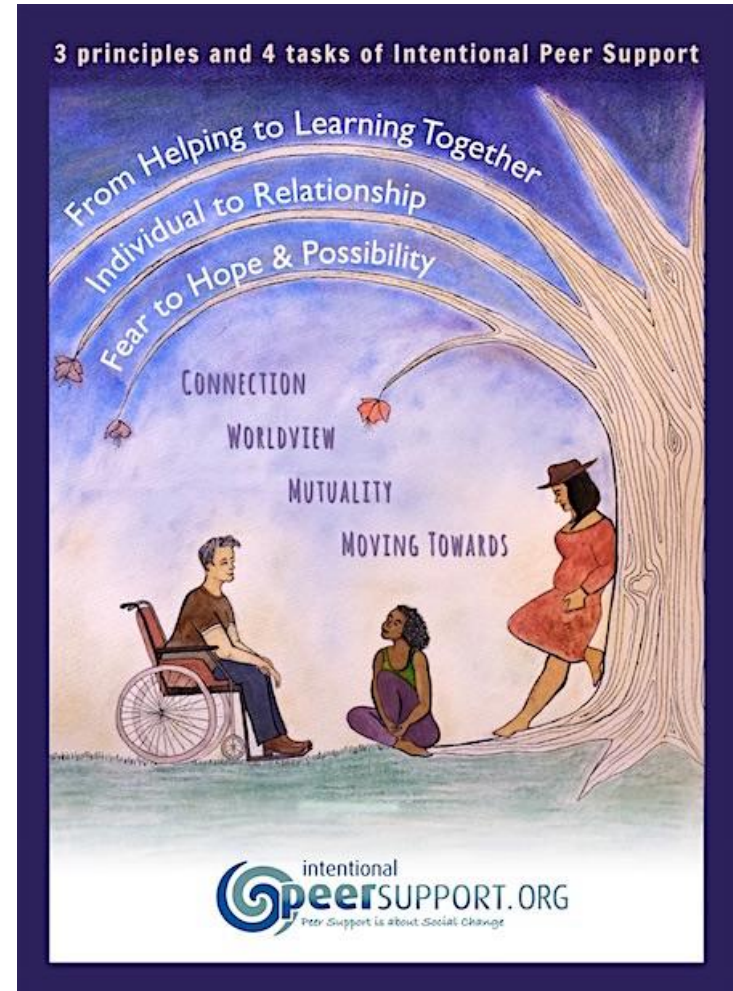
TRAINING

- Mind 5 day peer worker program
- Onsite learning/training
- Mentoring

Alternative Frameworks

- Hearing Voices Approach
- Open Dialogue
- Intentional Peer Support

IPS - INTENTIONAL PEER SUPPORT



<http://www.intentionalpeersupport.org/what-is-ips/>

CERTIFICATE IV – MENTAL HEALTH PEER WORK

The Certificate IV in Mental Health Peer Work course was developed to introduce a national qualification for people wishing to undertake peer work.

It is the first education based formal qualification for workers in Australia

**INTENTIONAL PEER
SUPPORT
OR
CERTIFICATE IV IN
MENTAL HEALTH PEER
WORK**



DEVELOPMENT OF SUPPORTS

Supervision/Line management – non lived experience workers

Development of Peer Networks

CEPS – Centre of Excellence Peer Support

VMIAC – consumer workforce education days

CIA Peer Supporters Network

Establishing Peer Hubs

Understanding of lived experience roles resulting in a community of practice.

LEADERSHIP & CAREER PATHS

Formal education a catalyst to an increase in peer workers

Building capacity in the workforce – Cert IV in MH Peer work

Increased workforce will require leadership

- Mentors
- Senior Workers
- Coordinators/Team Leaders



Craig Wallace

Advocate

Independent Mental Health Advocacy

Craig.wallace@imha.vic.gov.au



Debra Parker

Mental Health Peer Coordinator

Anglicare Victoria

Debra.parker@anglicarevic.org.au



Lee Thornton

NDIS Appeals and Review

VMIAC

Lee.thornton@vmiac.org.au