

JOINT APS PSYCHOLOGY & AGEING INTEREST GROUP & FRANZP FACULTY OF PSYCHIATRY OF OLD AGE MEETING
THURSDAY 12TH NOV – SATURDAY 14TH NOVEMBER, 2009-08-24 BOND UNIVERSITY, GOLD COAST

FINAL PROGRAM

THURSDAY 12th November

9am Welcome and Invited Opening Speaker

9:30-10:30am: Keynote Address: “Is it time for a specific theory of psychotherapy for older adults?”

Dr Ken Laidlaw, University of Edinburgh

10:30-11:00am: morning tea (included)

11:00-12:30: Platform 1: Views from the Field

Oswaldo Almeida, UWA: 50 years of anti-depressants: but are we any happier now?

Nicola Lautenschlager, Uni Melbourne: A RCT of physical activity for the treatment of AD

Elizabeth Beattie, QUT: The latest data from the International Wandering Consortium

12:30-1:30: lunch (provided)

AFTERNOON CONCURRENT STREAMED SESSIONS

STREAM A

1-2:30pm

Innovations in Service Delivery (symposium):

Koder et al: Addressing psychological issues for older adults across a range of settings

STREAM B

1-2:30pm

Innovations in Ageing Research:

Bahr: Are memory and attention deficits associated with the decline in emotional recognition of faces

Anderson: Evaluation of the Art Gallery Access Programme for PWD

Squelch & Pachana: Collaborative neuropsychological approaches in memory clinic attendees

2:30-3:15: afternoon tea and **POSTER SESSION I**

Robins Wahlin: Learning and memory in preclinical Huntington's disease
Mitchell: The RECAPS program: relieving the burden of care in dementia
Tyack: Stability and Correlates of the Reactions to Ageing Questionnaire

Chalip: Well-being among retired individuals: walking makes a difference!
Gill: Can we change stroke survivors' beliefs about exercise to reduce stroke risk?
Scott: Gardening in Nursing Homes

AFTERNOON CONCURRENT STREAMED SESSIONS

STREAM A

3:15-5pm

Dementia:

Snowdon: Medications and Interventions in residential care: We can do better
Pinsker: Financial exploitation in older adults: social vulnerability, gullibility, and credulity
McCarthy: Is homelike dementia care possible in a residential facility?
Westbury: An effective approach to reduce antipsychotic and benzodiazepine use

STREAM B

3:15-5pm

Health Prevention & Promotion:

Blair: Outcomes of falls prevention program in a psychogeriatric inpt unit
Moyle: Older people maintaining psychological well-being
Kilcullen: Positive aging: resilience and Indigenous grandmothers
Helmès: Depression and dementia in rural general practice: Knowledge among GPs

5-6pm

DEBATE between CBT FASCIST (Dr Ken Laidlaw) and CBT NIHILIST (Dr Michael Bird)

7pm: **Conference dinner on site (separate registration required)**

FRIDAY 13th November

9-10am: Keynote Address: "Depression in older age: an evolutionary perspective on contribution of chance & choices"
Professor Osvaldo Almeida, University of Western Australia

10:00-10:30am: morning tea (included)

10:30-12:00: Platform 2: Developmental History of an Intervention

Woolf et al.: Sharing Wisdom and Strength - Psycho-educational CBT groups for older adults

12noon-1pm: lunch (provided)

AFTERNOON CONCURRENT STREAMED SESSIONS

STREAM A

1-2:30pm

Depression and Anxiety

Mosing: Sex differences in the genetic architecture of ...twins
Dissanayaka: Risk factors for depression in Parkinson's disease
Byrne: Anxiety in memory clinic attendees
O'Connor: Diagnosis of psychiatric disorders in practice

2:30-3:15pm: afternoon tea and **POSTER SESSION II**

POSTER Session II

Wuthrich: A randomised control trial of a CBT group treatment program
McCarrey: "Did I really lose that much gambling?" Older adults show forgetting bias
Boston: An exploratory study of health anxiety and safety behaviours in NZ

3:15-4:45pm

Clinical Notes

Robins Wahlin: Personality Changes in AD
Ng: Psychostimulants in the Elderly: is there a role?
Riccitelli & Glass: Use of cholinesterase Inhibitor medication
Borg: Prevalence & influence of psychiatric co morbidity on rehab pts

5-6pm : **AGMs for FPOA ad PAIG** (separate rooms)

Conference attendees arrange own dinners.

STREAM B

1-2:30pm

Nursing Home Care:

Parkinson: DEM-QoL
Davison: Incorporating psych strategies into tx plans for BPSD in NH residents
Bird: Evaluation of a reformed model of care in NSW units for people with dementia
Jordon: Improving mental health in residential aged care facilities: A feasibility study

MacPherson: Snoezelen: Evaluation and implementation in an Australian NH
Champion: Age-related differences concerning complex visual stimuli
Kirby: Modifying the Triple P Program to a grandparent population

3:15-4:45pm

Psychology Training:

Bird: Placement of clinical psychology students in residential care
McDonagh: How PG students are helping the elderly adjust to living in a NH
Packer: Qualitative feedback from a self-education initiative in NH
George: Developing competency based e-learning package for Older Adult MHS in NZ

SATURDAY 14th November

9am-12noon: SPECIAL WORKSHOP ON ADVANCED PRACTICE IN CBT WITH OLDER ADULTS

Dr Ken Laidlaw, University of Edinburgh

(open to all conference attendees; can be accessed with registration for Saturday only as well)

12noon-1pm lunch (provided)

AFTERNOON SESSIONS, 1-3pm

PSYCHOLOGY WORKSHOP A:

“Advanced Therapy: conundrums and curly questions”

(Invited Clinical Practice Process Workshop – *Stephanie’s Allison, Waitemata District Health Board, New Zealand*)

PSYCHIATRY WORKSHOP B (psychiatry advanced trainees workshop)

CONFERENCE ENDS AT 3PM ON SATURDAY.