



Black Dog
Institute



UNSW
AUSTRALIA

Are you a high school counsellor or school psychologist?

Are you interested in improving access to mental health care for students?

WE WANT TO KNOW WHAT YOU THINK!

We're looking for **high school counsellors and school psychologists** who are willing to talk to us about internet delivered mental health care and whether or not this is an acceptable way to address depression and anxiety in high school students. This will help us to understand what is feasible and acceptable in various high school settings.

Am I eligible?

You can take part in this study if you are:

- Aged over 18 years
- Are a school counsellor or school psychologist at a high school in NSW
- You speak fluent English

What is involved?

- You will participate in a recorded interview for 60 minutes with an interviewer from the Black Dog Institute, UNSW, Sydney. This can be in person or over the phone.
- You will discuss your opinions about the service model and complete a brief questionnaire.

What's in it for me?

- A chance to share your opinions & improve the delivery of mental healthcare for young people.
- A \$20 gift voucher will be provided for your time.

For **more information** or to **register** your interest please **email** Catherine King
c.king@blackdog.org.au

