

NEWSLETTER

Ten GOOD Reasons to join in with SCAPS activities!

Hoping to entice the old and the new ...

This year your local APS branch are considering new and creative ways in which we can reach out to our members and make our gatherings not only professionally enlightening and interesting, but more importantly relevant to ALL members. We especially would like to encourage those members in the public sector, students and those embarking on an early career in psychology based practice to come along and see what benefits we have to offer.

So if you are considering coming along to one of our general meetings or professional development activities and are being a little bit ambivalent, SCAPS would like to suggest ten good reasons why your time will be well spent!

1. *Network with your colleagues:* We have over 150 APS members from all walks of life and practice on the Sunshine Coast.

2. *Find out about our latest professional development activities:* In 2007 we are organising several events ranging in subject matter from Psychological considerations of managing the aging population to how to set the performance bar from a Sports/Motivational Psychology perspective.

3. *Social Events:* In 2007 we are not only looking at having our fabulous annual Christmas Party but also a midyear social gathering to add a bit of frivolity to our serious psychological existence!

Not to mention the general meetings always set-aside time for members to mingle over wine and crackers before anything formal begins.

4. *Employment Opportunities:* Learn of employment opportunities that are often advertised through the general meetings, or network with others to learn of positions that may not yet be advertised.

5. *Consult your peers:* Receive assistance with ethical and professional issues.

6. *Stay informed!* Find out about the latest news: We dedicate our time and efforts in pursuing the "bigger issues" with APS headquarters, such as changes in the Medicare system.

7. *Receive our revamped and informative newsletter!*

8. *Support:* We support professional supervision and ongoing professional development through our membership.

9. *Case Discussions:* The SCAPS community draws from a vast well of knowledge and experience that we are looking to draw upon in the format of case discussions and reviews throughout 2007.

10. *Get involved!* Become part of your profession at a local level and give something back.

For further information on what, where and how please feel free to contact us.

Deb

Attention all students, new members and recent graduates

This month's meeting on Tuesday 17th April will be an important meeting for you.

Historically, SCAPS general meetings have very strong representation from members who are already well established psychologists in the public and private sectors, and who are regularly updated on the immediate issues and concerns that face our daily practices.

Feedback suggests that newcomers don't always feel comfortable when the oldies are prattling on about what they think and what they do. Therefore we want to hear from students, new graduates and new members.

So come and join us! Come and introduce yourselves. Share with us your academic and professional progress, any dilemmas that you might experience – and any needs and expectations that you might have. We hope to make you welcome and to do some authentic, empathic, and unconditional listening.

Our regular attendees, please do not be deterred – we need your expertise and knowledge to problem-solve. We need your teaching and supervision skills to support others.

Hope to see you all there.

Maggie

Peer support groups

Tony Collins

Peer Support Group
Eden Health Care Centre,
46 Maple Street
Cooroy
5447 7473
RSVP to check time

Robyn Nolan

Peer Support Group
Coolum
54739547
1st Mondays of the month at 5.00pm
– RSVP to check location

Member Profile - Deb Dewberry

Deb Dewberry is a Centrelink Psychologist based at Maroochydore Customer Service Centre. She is a Registered Psychologist within Queensland and an Associate member of the Australian Psychological Society (APS). Deb is a committee member with the Sunshine Coast branch of the Australian Psychological Society and assists her local branch organise professional development and social activities.

Deb Dewberry has been working with Centrelink since August 2006 as a Job Capacity Assessor. She has previously worked for Advanced Personnel Management as a Rehabilitation Consultant and Psychologist, and for MaxNetwork, a Job Network Provider, as a Health Services Officer and intern Psychologist.

Deb has undertaken various roles within her career including Queensland Project Manager for the Youth Suicide Prevention Program and Licensed Factual Investigator for Work Cover. During a period of rebellion otherwise referred to as a 'working holiday' she operated her own English conversation business in Japan for two years, followed by a year of travelling through Asia, Europe and South America. Deb has over eight years experience working in education, employment, and the health industries.

Deb has a passion for understanding human behaviour and is committed to helping people achieve their potential. She also believes it is important to contribute to her local APS branch in order to give something back to the profession of



psychology. Within her current role, Deb is conducting Job Capacity Assessments and is also providing Cognitive Behaviour Therapy to clients referred through the Job Capacity Account Service. Deb abides by the APS code of ethics which upholds client confidentiality and the highest professional standards within the discipline of psychology.

APS Sunshine Coast Branch
PO BOX 724
MOOLOOLABA QLD 4557

Office Bearers for 2006 – 2007

As a committee we will also meet on the second Tuesday of each alternative months – so please contact us if there is anything you would like to raise with us. Your committee contacts are:

Please email newsletter contributions to
mb@maggiebailey.com.au

Chair	Brad Levingston	brakerry@optusnet.com.au
Treasurer	Robert Neil	ptq@powertrainqld.com.au
Secretary	Maggie Bailey	mb@maggiebailey.com.au
Committee Member	Jacqui Ball	jba26386@bigpond.net.au
Committee Member	Lynette Cooper	lcooper1@ozemail.com.au
Committee Member	Deb Dewberry	deb.dewberry@centrelink.gov.au
Committee Member	Celia Dickson	celiadickson@ozemail.com.au

Calendar of events

The SCAPS general meetings in 2007 will take place on the second Tuesday of every other month so please book these dates in your diary.

April 17	7.30pm	SCAPS General Meeting	Percy House Church St Maroochydore
<i>A collaborative and shared discussion facilitated by Deb Dewberry addressing current issues and needs of psychology students, recent graduates and new APS members.</i>			
June 12	7.30pm	AGM and social event	TBA
August 14	7.30pm	SCAPS General Meeting	Percy House Church St Maroochydore
September 26-30		APS National Conference	Brisbane
October 9	7.30pm	SCAPS General Meeting	Percy House Church St Maroochydore
December 11	7.30pm	Social event	TBA