

NEWSLETTER

Setting the Performance Bar

Deb Dewberry reports on a recent PD activity

A recent professional development activity, "Setting the Performance Bar" by presenter Dr Gene Moyle was held on 22 September 2007 at the University of the Sunshine Coast.

This event, organized by your local branch, was well received. Although this event proved to be an interesting drawcard for the many allied health professionals who attended on the day. A number of attendees travelled from Brisbane and complimented the event as professional, friendly, affordable and worthwhile. Many comments were also made regarding the great food that was served on the day!

Highlights from the workshop included Gene's documentation of how she was involved in the talent identification and team support as a performance psychologist for the Olympic Women's Skeleton Team, whereby four young Australian Women (including two lifesavers) were chosen and trained up to compete, and go onto win, at the Olympic level. For those interested the team's journey was made into a documentary which is available

through ABC shops titled "Nerves of Steel."

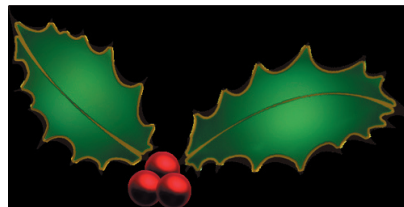
Gene also shared her experiences working with an organizational firm, Sentis, which consults to the lucrative mining industry and specializes in safety psychology.

Gene also explained the complex relationships within the workplace that assist in enhancing organizational effectiveness, productivity and individual well-being is key in this role. The description Gene gave of achieving significant cultural change in organizations proved very interesting and many attendees were interactive at this stage of the workshop.

To wrap up this varied and interesting day Gene helped us define what setting our own personal performance bar as professionals might entail. She guided us through developing our own vision and purpose statement and how business, professional and personal goals are integral to our "bigger picture" and to consider what meaning and motivation compels us to keep going when challenges arise.



Left to right: SCAPS Chair Brad Levingston, Dr Gene Moyle, Rena Toth, Madonna Hirning, and Brenton Fielke



A Festive Season's Celebrations!

The year is drawing to a close – it's been a busy one for the SCAPS Committee and I'm sure a busy one for all psychologists. To help celebrate the year that's been, please join us for the SCAPS Christmas Celebration. This is our opportunity to get together, relax and catch up on the latest news. Please come and meet the committee members and your new colleagues.

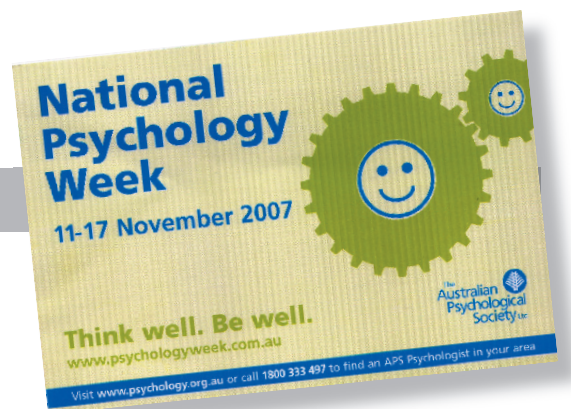
We have had some changes on the committee this year – after a long period of service Bob Neil has stepped down from the position of treasurer, but remains a committee member. We are delighted to welcome Kay Manning to the position of treasurer – and as an additional mind on the committee.

Deb Dewberry will be adding to the world's population before the year is out, so 2008 will be a busy one for her in other ways. We hope that Deb will continue to reserve some time for us, but if you would like to join the committee and share the load, and assist us to advocate for the psychology profession on the Sunshine Coast, please do not hesitate to approach us.

We look forward to seeing you on Friday 23 November 2007 (at 6.30pm) at 7 Acres Winery. Don't forget to reserve the date in your calendars!

Cheers
Maggie

Notice Board



Mentors sought

We have been approached by the University of the Sunshine Coast, on behalf of The Smith Family Learning for Life Program, to inform our members of the opportunity to assist in mentoring psychology students. The Smith Family provide a number of study scholarships to students and also endeavor to provide students with mentors – the mentors may be university staff or a qualified professional in the community. If you would like to assist, please contact Laura Monaghan (Laura.Monaghan@thesmithfamily.com.au) or Kylie Russel (kylie.russell@usc.edu.au) for more information.

Yellow Pages 2008

In view of the difficulties encountered with the Yellow Pages advertisement in 2007, the SCAPS Committee has considered not to proceed with the listings in the previous format. It was suggested that the branch would promote the psychology services on the Sunshine Coast as a general 1800 number. Thus the enquiries would be referred directly to the APS National Office Registry of Psychologists. This implies that practitioners would need to be registered with the APS Directory. Those practitioners who would like to have individual listings in the Yellow Pages would need to proceed independently. Anyone who would like to comment on this arrangement and proposed changes, please contact Brad or Maggie.

National Psychology Week

We'd like to bring your attention to the National Psychology Week scheduled for 11-17 November. The theme of Psychology Week is Positive Ageing: Think Well, Be Well. This is an opportunity for all of you to participate and spread the word. We are hoping to promote the event through a series of newspaper articles in the Sunshine Coast Daily. We would also like to express our appreciation to Tony Collins, Jane Gibbs, Greg Thorne and Brad Levingston for their editorial contributions. For more information and calendar of forthcoming events in your area go to www.psychology.org.au.

Test for sale

A one year old WISC-IV is looking for a new home. If you are interested please contact Tanya (tanya@familychallenge.com.au).

Peer support groups

Tony Collins

Eden Health Care Centre,
46 Maple Street
Cooroy
RSVP to check times
5447 7473

Robyn Nolan

1st Mondays of the month
5.00pm
Coolum
RSVP to check location
5473 9547

Your committee

APS Sunshine Coast Branch
PO BOX 724
MOOLOOLABA QLD 4557

Please email newsletter
contributions to
mb@maggiebailey.com.au

Office Bearers for 2006 – 2008

As a committee we will also meet on the second Tuesday of each alternative months – so please contact us if there is anything you would like to raise with us. Your committee contacts are:

Chair
Treasurer
Secretary

Committee Member
Committee Member
Committee Member
Committee Member
Committee Member

Brad Levingston
Kay Manning
Maggie Bailey
Jacqui Ball
Lynette Cooper
Deb Dewberry
Celia Dickson
Robert Neil

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celiadickson@ozemail.com.au
ptq@powertrainqld.com.au

Calendar of events

November

23

Christmas Function

7 Acers Winery