



Psychology Careers Information Session

Tuesday 28th April 2015, 4.00 – 6.15pm La Trobe University, Albury-Wodonga Campus

Hosted by the APS Albury Wodonga Branch

This event will include presentations by psychologists and psychology graduates working in a range of professional settings, in order to provide information about different career pathways that can be taken after completing an undergraduate degree in psychology. The aims of the session are to outline career options after an undergraduate degree and after Honours or a Postrgraduate Diploma; to provide information about further qualifications, such as the 4+2 and 5+1 programs and postgraduate degrees; and to describe career options as a psychologist. Following the presentations, finger food will be served and attendees will be welcome to chat with any of the presenters if they have questions or would like more information. There will also be a Lifeline stall with information regarding volunteering.

Who should attend? This event will be of interest to anyone who would like to know more about career options in the field of psychology, including high-school students, university students and provisional psychologists.

Program (please arrive at 3.45pm for a 4.00pm start)

4.00	Introduction. Presented by Aleks Tarnawski
4.05	Study and training pathways in psychology. Presented by Chris Gullifer
4.20	Career options after an undergraduate psychology degree. Presented by Zoe
	Wundenberg
4.30	My career pathway following an undergraduate degree. Presented by Jade
	Fitzgerald
4.40	My work as a Health Psychologist. Presented by Bronwyn Wood
4.50	My work as a Clinical Neuropsychologist. Presented by Aleks Tarnawski
5.00	My career pathway following an undergraduate degree. Presented by Jaime
	Carroll
5.10	My career pathway and experiences of the 4+2 program. Presented by Jacinta
	Almond
5.20	My career pathway following an undergraduate degree. Presented by
	Christopher Curcio
5.30	What can the APS offer? Presented by Aleks Tarnawski
5.45-6.15	Finger food and drinks
	Lifeline stall





Venue: David Mann lecture theatre, Building 6 Room 6101, La Trobe University,

University Drive, Wodonga

Parking: Free parking is available on site

Cost: This is a **FREE** event sponsored by the APS Albury Wodonga Branch and the Department of Psychology and Counselling, School of Psychology and Public Health, La

Trobe University, Albury-Wodonga Campus

Registration: Registration essential. Please register your attendance by 9pm Thursday 23rd April by email to Aleks Tarnawski – <u>aleksandra.tarnawski@gsahs.health.nsw.gov.au</u> In your email please inloude the name of your school or university.

About the presenters:

Chris Gullifer

Chris completed a Bachelor of Behavioural Science with Honours at La Trobe University. He completed a 4+2 internship and has worked in rehabilitation setting in both public and private sectors. Chris is currently a sessional Lecturer and Tutor at La Trobe University and Charles Sturt University. In his private practice Chris' focus is in rehabilitation psychology managing injury and illness including chronic pain management and working with adolescents.

Zoe Wundenberg

Zoë holds an Honours degree from Monash University and University of Western Australia together with a Graduate Certificate in Careers Education and Development from RMIT. She has a background in personnel management and recruitment and is currently a careers writer, counsellor and coach in her own private practice: Impressability. In addition to consultancy, Zoë is the current editor of the CDAA's member magazine, Australian Career Practitioner.

Jade Fitzgerald

Jade completed a Bachelor of Psychological Science at La Trobe (Wodonga Campus) and is currently completing Honours through Charles Sturt University. Since completing her 3 year sequence she has worked in a number of roles across the community services, government and education sectors. Currently she is the School Outreach Officer for the Future Moves program at CSU Albury campus.

Jaime Carroll

Jaime finished a Bachelor of Behavioural Science degree in 2002 and started work at Mitchell Community Health Services in Health Promotion and Counselling. She started at Mitchell Shire Council in 2004 as their Community Planning Coordinator - looking after Youth Development Services, community planning, social planning and community development. She then worked as the Manager Community Planning at the Rural City of Wodonga and left there to start her own Consulting business in 2010. Indite Consulting focused on suppporting Councils to develop community and corporate strategic plans and specialised in community engagement. In 2014 Jaime was recruited to the position of Director - Community Wellbeing at the Rural City of Wangaratta. As part of the Corporate Management Team she is responsible for over 150 staff, a budget of \$15million and the delivery of service across recreation, community services, events, arts, children's and youth areas.

Bronwyn Wood

Bronwyn Wood is an endorsed Health Psychologist working locally in Albury and Wodonga. She gained her undergraduate and postgraduate psychology degrees through La Trobe in Wodonga and her Master of Psychology (Health) via distance education through Monash University. Having worked previously in vocational rehabilitation she gained a keen interest in chronic pain and now works in the Pain Management Program at Wodonga Hospital. She also works in private practice where she has a keen interest in assisting clients with eating disorders, weight management and body image concerns. She is Deputy Chair of the Albury Wodonga Branch of the APS.

Aleksandra Tarnawski

Aleks completed a Bachelor of Science and Honours in Psychology, followed by a Masters in Clinical Neuropsychology at La Trobe University, Bundoora campus. She has worked at the Royal Children's Hospital in Melbourne and for the last 5 years has worked at the South West Brain Injury Rehabilitation Service (SWBIRS) in Albury. In her private practice Aleks provides supervision to Provisional Psychologists undertaking the 4+2 program. Aleks is currently the Chair of the APS Albury Wodonga Branch.





Jacinta Almond

Jacinta has completed a Bachelor of Behavioural Science, a Postgraduate Diploma in Psychology and is currently in the midst of completing the 4+2 internship program. Following the completion of her Postgraduate degree, Jacinta worked in the Disability Employment Service industry for 7 years. She held various roles within the industry ranging from administration, employment consultant, marketing team leader through to management. After which time Jacinta made the decision to embark on the 4+2 internship program to pursue a career as a psychologist. She is now employed as a Provisional Psychologist at Albury Wodonga Health with the Chronic Pain Management Program.

Christopher Curcio

Chris completed a Bachelor of Behavioural Science and Honours in Psychology at Albury/Wodonga and Bundoora Campus. During his Honours year, he undertook voluntary employment at PsychPress in Melbourne for 4-5 months. He then undertook a Masters in Psychological Science (Research) for two years before suspending candidature. Chris has previously worked for La Trobe University as a Research Assistant and Assignment Marker for approximately 2 years, before moving into a role within the community welfare sector. Currently, he is employed as an Intensive Case Manager for a local homelessness NGO.