

Women and Psychology

The Art of Suff-Rage

TRAVELLING ART INSTALLATION



You are invited to join artists Ursula Dutkiewicz and Fern Smith, with their travelling installation

The Art of Suff-Rage, for a centenary of Victorian Women Vote celebration

We will gather on the steps of the St. Kilda Town Hall to honour Vida Goldstein, internationally renowned suffragist, on the anniversary of her death. The steps will be adorned with a commemorative sculpture of Vida Goldstein, ninety-nine of her fellow ceramic suffragists and ten campaign banners to honour the legacy of women campaigning for equality.

CALL FOR PRESENTATIONS AND PAPERS

Women in Psychology – Opportunities and Obstacles to a Feminist Psychology

APS Women and Psychology Interest Group
19th Annual Residential Conference

Friday 5th - Sunday 7th December 2008
The Women's College, University of Sydney

This year the annual residential APS Women & Psychology Conference will be hosted by the New South Wales Group. The Women's College at The University of Sydney is our venue.

Intending presenters: This year's conference will highlight feminist perspectives on psychological practice, community work, consultation and supervision; scholarship and research, and take account of obstacles and opportunities in engaging with a feminist psychology.

We are inviting contributions that focus on the gendered nature of mental and physical health and well being, human rights, cultural diversity, family diversity, and the multiple roles women engage with

. How do women navigate their relationships with family and kinship, community and workplace with and without feminism? What are the obstacles and opportunities to achieving gender equity for women? Can you identify ways to overcome any obstacles or encourage any opportunities for gender equity?

*Our definition of **Feminist Psychology** is the same as that of the international journal *Feminism and Psychology*: that which acknowledges gender and other social inequalities (e.g. race, class, disability, or sexuality) and considers their psychological effects.*

*Our definition of **Gender Equity** is taken from the World Health Organisation: Gender Equity means fairness and justice in the distribution of benefits and responsibilities between women and men. It often requires women-specific programmes and policies to end existing inequalities. Gender Equity is different to Gender Equality which means equal treatment of women and men in laws and policies, and equal access to resources and services with families, communities and society at large.*

Proposals for presentations must acknowledge these critical contexts.

All presenters and delegates are also asked to read the APS Ethical Guidelines for Working with Women which are available on the APS website. A copy will be emailed to you by request if you don't have access to the internet.

For women on low incomes and students who are entirely self-funded we encourage you to apply for support to attend and make a presentation, especially if travelling from interstate. We do not want the costs involved to prevent any woman from attending.

*Please provide title, author/s, affiliations, abstract of paper (workshop or poster); a few short lines about yourself and your audio visual requirements by **30th September 2008** to Dr. Helen Vidler h.vidler@uws.edu.au*

Provisional Program

Date	Agenda (to be confirmed)
Friday 5 th December (5-9pm)	Registration & Welcome reception (drinks and snacks)
Saturday 6 th December 9am-5pm 7pm-late	Keynote speaker: Professor Jill Astbury, Professor of Research, Victoria University. (confirmed) Papers & Workshops Postgraduate student presentations AGM and presentation of Elaine Dignan Award Conference Dinner/Special Feature
Sunday 7 th December 9am-1pm 1pm – mid afternoon	Keynote speaker: (not confirmed as this stage) Papers & Workshop Lunch and Networking Conference close.

To those who care ...

If you can stay with a troubled soul
And hold a hand or dry a tear,
And help someone regain control
And be respectful and sincere ...
If you can hear their pain and fear
And try to understand it, too
Not delegating kindness here
But boldly say "I am with you".
If you flag love in a greedy world
Exposing what it tries to hide,
A gentle hand or word unfurled
Seeking contact with those most denied.

We owe the world to folk like you
Lifting spirits and lighting hope;
Gifting us faith in ourselves anew
Without which none of us would cope.
In service are rewards indeed
But truth is we take turns to fall,
In the eyes and hearts of those in need
Is a mirror image of us all.

Dedicated to Anita J,
for her choice to stay close to those in need.

Carmel O'Brien

30th August, 2006

Registration Form

PERSONAL DETAILS

Full Name: _____

Mailing Address: _____

Suburb: _____ State: _____ Post Code _____

Telephone contact: _____ Email address: _____

Special assistance or dietary requirements? _____

Registration Type	Full Fee incl GST	Early Bird Full Conference incl GST 10/10/08	Friday and Saturday Only incl GST	Early Bird Friday and Saturday only incl GST 10/10/08
APS Members	\$250	\$225	\$180	\$165
W & P Members	\$225	\$200	\$155	\$140
Concession	\$150	\$125	\$90	\$75
Non APS Member	\$275	\$250	\$205	\$190

Registration includes welcome coffee/tea/biscuits Friday night, morning/afternoon tea & lunch on Saturday, morning tea & lunch on Sunday. Conference dinner on Saturday night will be extra.

All presenters and delegates are also asked to read the APS Ethical Guidelines for Working with Women which are available on the APS website. A copy will be emailed to you by request if you don't have access to the internet.

Registering to attend this conference means you have read and agree to abide by the APS Ethical Guidelines for Working with Women. (I agree to abide by these Guidelines YES/NO)

There has been a small allocation made to sponsor up to three women who are on low incomes or studying and entirely self-funded to attend the conference. Therefore you are encouraged to apply for support to attend, especially if making a presentation or travelling from interstate. We do not want the costs involved to prevent any woman from attending even if not making a presentation. If you wish to seek support please make a request in writing to h.vidler@uws.edu.au by 10/10/08 including copy of Student ID if applicable. The conference organising committee will advise the outcome of your request as soon as possible.

Closing date for registration: 21st November 2008.

I enclose total fees payable \$..... APS Membership No _____

(Cheques to be made payable to the Australian Psychological Society Ltd) or

Please debit my: APS Amex Amex Bankcard MasterCard Visa

Card number:																			
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Expiry date: _____ Name on Card: _____

Conference Registration (and enquiries related to registration):

Please photocopy this form and send your payment to: Karen Butler, Events Administrator APS Units, The Australian Psychological Society, PO Box 38, Flinders Lane PO, Melbourne VIC 8009, Ph: (03) 8662 3300, Fax: (03) 9663 6177 or email: k.butler@psychology.org.au

Conference Enquiries: Please contact Dr. Helen Vidler: h.vidler@uws.edu.au

ACCOMMODATION BOOKING FORM FOR THE WOMEN'S COLLEGE

* Please fax this form to THE WOMEN'S COLLEGE for accommodation booking

Early booking is strongly encouraged

Family Name		(Block Letters)
First Name		(Block Letters)
Other Names		(Block Letters)
Travel From		Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
Contact Number	Email	
PLEASE INDICATE ARRIVAL/DEPARTURE DATES AND TIMES		
Arrival Date		Approximate Arrival Time
Departure Date:		Approximate Departure Time
ACCOMMODATION OPTIONS (PLEASE TICK ONE OF THE FOLLOWING OPTIONS)		
Options	Normal Rate per room	Student Rate per room
Single Bed & Breakfast	<input type="checkbox"/> \$80 per night	<input type="checkbox"/> \$72 per night
Twin Bed & Breakfast	<input type="checkbox"/> \$118 per night	<input type="checkbox"/> \$118 per night
Ensuite Bed & Breakfast	<input type="checkbox"/> \$105 single \$144 twin per night	<input type="checkbox"/> N/A
<p>NOTES</p> <ul style="list-style-type: none"> - Only limited number of twin & ensuite rooms available (ensuites are shared between 2 rooms). - To be eligible for a student rate, a valid full-time student card needs to be presented on arrival. - Please pay \$50 deposit per room to make a booking. Please return booking form with credit card details to The Women's College by fax to (02) 9517 5022 by mail or by email to vp@thewomenscollege.com.au. - The Women's College accepts payment by MasterCard/Visa/Bankcard preferably (not Amex or Diners) or Cheque/Cash in Australian Currency. Please complete payment on arrival. - Cancellation policy is 48 hours prior to the arrival date. For inquiries please call (02) 9517 5000 		
<p>Credit Card Details: Please debit my credit card for the sum of \$ _____ <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Bank Card</p>		
Credit Card Number: _____		
Name / Title on Card: _____		
Signature: _____		Expiry Date _____
<p>The Women's College</p> <p>Mailing Address: The Women's College, University of Sydney NSW 2003, Australia Street Address: 15 Carillon Avenue, Newtown NSW 2042, Australia Tel: + 612 9517 5000 Fax: + 612 9517 5006 Email: office@thewomenscollege.com.au Web site: www.thewomenscollege.com.au</p>		

Information about The Women's College

Mailing Address: The Women's College, The University of Sydney NSW 2006, Australia
Street Address: 15 Carillon Avenue (between Missenden and City Roads), Newtown NSW 2042, Australia

Tel: + 61- 2 - 9517 5000, Fax: + 61 - 2 - 9517 5006

Email: office@thewomenscollege.com.au Web site: www.thewomenscollege.com.au for more information

Location map: <http://db.auth.usyd.edu.au/directories/map/largemap00a.html>

- 5 minutes from the city
- Telephone in every room for direct incoming calls. Outgoing calls with telephone cards (from Reception)
- TV & tea rooms, laundries(detergent provided)
- Bed linen and towels are provided
- Buffet meals available in our Dining Room. Breakfast: extensive continental breakfast (not cooked)
- Free 24 hours internet access from our computer room
- Free tennis court on site
- The College buildings and courtyards are no-smoking
- The Women's College is located on campus at the University of Sydney
- Gym and pool available on university campus (charges apply)
- The College is about 20 minutes by taxi from the airport – **taxi driver instructions:** 15 Carillon Avenue, Newtown, is between Missenden Rd and City Rd. The driver can drive in to the College grounds & drop you off in front of the main entrance
- A public bus service operates from Castlereagh Street in the city centre via City Road
- Frequent busses close by operate to and from Central Station and the city

Please note:

- The Women's College has a minimum stay of 2 nights.
- Check-in time is 2pm. Baggage room available for guests until a room becomes available.
- Reception is open from 7.30am to 10pm (limited on public holidays).
- **If you are arriving at College out of hours** please contact the Resident Assistant on arrival or from the airport: phone 9517 5577.
- Check-out time is 10am. Baggage room available until departure on the day.
- If you require them, you will need to bring an alarm clock, clock radio, hairdryer and toiletries. Guests from overseas may need to bring a travel-adaptor for access to our power-points.
- Parking is available: \$7 per day for those staying in College and paying accommodation, \$10 per day for those attending a function or conference at College.
- If you require ground floor accommodation or need disability assistance please advise of this with your application.

This form is a tax invoice once filled in and payment has been made. Please make a copy for your records.

State News

Victorian Women and Psychology Interest Group

Remember that W&P members are all very welcome at our pot luck dinners. On the first Friday of the month, though out the year. Other events which may interest you are also scheduled intermittently between potlucks. If you would like to join our pot luck list and monthly notification of the host's address please contact Raelynn Álvarez Wicklein who maintains the email list at Raelynn.Wicklein@rmit.edu.au. A number of our events this year will be held at the Treacy Centre, 126 The Avenue, Parkville, (03) 8359 0101.

TBA 2008

Celebrating 100 years of Women's Suffrage in Victoria, Guest Speaker + Dinner, \$50, TBA, Contact Raelynn.Wicklein@rmit.edu.au

Friday 15 August

Conversations around "Canvassing the Emotions", with Jill Astbury, Anne Riggs, & Sally Northfield, 7.30-9.30pm Treacy Centre. Contact Raelynn.Wicklein@rmit.edu.au

Friday 12 Sept

Pot Luck Dinner – West Brunswick, 6.30-9.30pm

* Tuesday 23 – Saturday 27

September

APS Conference in Hobart; W&P Symposia /gathering at conference
TBA – * closing date for submissions to conference 29 Feb 2008.

All of October

Self-care Month! Look for our special edition W&P Newsletter on Self-care.

Friday 15 Nov

Thanksgiving Potluck Afternoon Tea & Dinner Planning meeting – Greensborough. Contact: raelynn.wicklein@rmit.edu.au

Friday – Sunday 5, 6, & 7

December

19th Women & Psychology Annual Residential Conference and AGM, Sydney, NSW. As more details about the conference become available, they will be posted at:

<http://www.groups.psychology.org.au/wip/>

National Executive

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Women and Psychology Update in Queensland

Climate Change: Community Resilience: 29 May 2008

QUT:

Thirteen intrepid climate change enthusiasts braved the wild weather to hear Elizabeth Tindle and Kathryn Gow talk about climate change held jointly with the College of Counselling. Everyone contributed and some interesting experiences and learnings were shared and alarming information offered.

- ≈ Tree clearing in Australia was worse than in the Amazon.
- ≈ The Aral Sea in Asia once been teeming with fish is now an internal sea of plastic.
- ≈ Huge swathes of plastic swirl around the oceans wrecking havoc with marine life.
- ≈ Satellites had revealed that Australia had 10% less forest than previously thought.
- ≈ The Dogger Bank fishing grounds in Newfoundland are sterile

Galapagos: Elizabeth described her years (1976-79) studying flightless cormorants.

Nimbin: Another participant talked about living in Nimbin and the learnings from that.

Yemen: Ann noticed strange flowers waving in the wind on the trees to find they were plastic bags. It did not spoil that wonderful country but it was an indictment on who sold the bags.

Drought & other disasters: Kathryn spoke about counselling farmers in drought conditions and her book on natural disasters which she edited with Doug Paton. Chapter topics ranged from Navy disaster management by psychologist Commander Sharon Daniels; Alison Cotteral on women's resilience in floods; Jane Shakespeare-Finch on Ambulance officers resilience and Felicity Shipley and Kathryn on SES volunteers, Francine Pritchard and Kathryn on Bushfire preparedness and others on tsunamis, journalist trauma and recovery theories. .

Action: Kathryn urged us to 'Take action – Don't ask' as Bob Dick suggested. We all remembered the maxim: 'It is easier to get forgiveness than permission'.

Actions people intended to take were:

- ≈ Think before you print
- ≈ Put a 'No Junk Mail' sticker on your mail box
- ≈ Recycle everything – encourage everyone in your unit block/neighbourhood also No plastic bags

'What's changed for women in psychology?' On 24 June, Patrea and Lynn O'Donoghue spoke at The Old Church, 78 Enoggera Tce Paddington and invited contributions from attendees. Lynn arrived in psychology via radiography getting a pilot's license along the way. She believed that psychological training helped her to manage dramas like flying without instruments and lights. As a clinical psychologist, she has worked in numerous fields: mental health, counselling using CBT.

Dubai: Patrea came to psychology through dance – specialising in coaching and sports psychology. She has worked for Anderson's Consulting and PriceWatershouseCoopers in the Emirates in Dubai, in the UK in change management. She uses 'mindfulness' in her counselling and coaching practice in addition to her many other skills.

Boston: Meg trained in Boston and noted the difference in psychotherapy training and practice in the US and Oz. She was acculturating into Australian society and couldn't help noticing gender differences in professional life and in professional hierarchies. Hopefully Meg will expand on the differences in training, practice and culture at a future meeting.

Coffs Harbour: This brought a hoot of recognition from Pam who was in private practice while counselling at schools and Charmaine who was establishing a new school there. Charmaine is engaged in prison counselling inter alia and was pleased to get the feedback that she was really listening to the young woman in prison – in contrast to other officials. Others were working with children & families, domestic violence, sexual abuse, schizophrenia, mental health, Aspergis Syndrome, hospital inpatients/outpatients, career counselling etc.

Women trafficking, Palestine, Understanding Islam, Bullying in the workplace, Beyond Blue are being planned. Please suggest any topic you would like to learn more about. Email me to get on the email reminder list.

Ann Aboud, Co-ordinator, Women and Psychology, Qld.

Update from NSW

Greetings from sunny but chilly NSW.

Helen Vidler and the 2008 Annual Conference Planning Committee are busy planning for the conference, *Women in Psychology – Opportunities and Obstacles to a Feminist Psychology*. The Conference will run from the 5-7 December. Venue for the conference is at the Women's College, University of Sydney.

A call for papers appears on the Women & Psychology website. Please contact Helen Vidler at H.Vidler@uws.edu.au if you would like to present a paper or workshop at the conference.

This year we are trying a few variations to our standard format for meetings. Potluck dinners have been scheduled for the alternate months of March, June, August, and October. Members have agreed to host the potluck dinners at their homes or other suitable venues. Barbara Bicego led our first potluck on 18 April with interesting discussion on how we apply feminist theory to our everyday practice of psychology.

For information about NSW activities please contact Dori Wisniewski at 0411-353434 or dori.w@bigpond.com.

Besides planning for the 19th Annual Women & Psychology Conference, we have continued to offer professional development opportunities from a feminist perspective. In March we held the "Getting Started as a Woman in Psychology open forum for students and new psychologists. In May, Sue Flatt presented a very interesting talk on some of the psychological impacts affecting women as they retire from full time employment. And in July, Jenny Small discussed aspects of her research on some of the psychological factors affecting women experiencing visual impairment, "*Vision Impairment – Try Planning a Holiday!*"

Upcoming Meetings

29 August Potluck dinner in Leichhardt 6:30 pm. Please contact Dori for venue details at 0411-353434

26 September Professional development activity at Women's College, Sydney University. Topic to be confirmed. Details will be sent out to all NSW members once they are finalised.

31 October PotLuck Dinner . Venue to be confirmed

5-7 December 19th Annual Women and Psychology Conference. Women's College, Sydney University.

From the Prime Minister

REMARKS TO INAUGURAL MEETING OF THE NATIONAL COUNCIL TO REDUCE VIOLENCE AGAINST WOMEN AND CHILDREN

04 June 2008

First of all, thank you all for agreeing to participate. I really appreciate that. This is a priority for the Government. Our mission as a Government is building a strong Australia, a fair Australia and one capable of meeting the challenges of the 21st century.

One of those challenges is not just a 21st century challenge, it is a 20th century challenge. In fact, it has been around for a long, long time. And it is violence against women and violence against children.

And the reason we are here today is to make a difference. And the Government is determined to do that. Prior to the election we made a commitment to establish this National Council. Today we honour that commitment. This Council begins its work. And I thank each and every one of you for willing to stick your hand up in what is a very difficult area of public policy and a very difficult area of community work - but one where we are absolutely determined to make a difference, absolutely determined to make a difference.

Many of you have already made exceptional contributions in helping survivors of violence and I am especially proud the Council includes Rachel Kayrooz from my own electorate in Brisbane. Rachel and her young daughter Faith have overcome a harrowing ordeal of violence and Rachel is an inspiration in starting the organisation of 'Shout! Speak Out', to raise awareness of domestic violence in healthy relationships. So, thank you Rachel. I really appreciate it.

The nation, in my view, the nation and the community, must adopt a zero tolerance attitude to violence against women and violence against children. No ifs, no buts, no maybes. That's where we have to be as a nation, that's where we have to be as a community.

If you look at the statistics on domestic violence, it still presents us with some horrific reading.

The Bureau of Stats research from '05 indicates that six per cent of women, that is one in eighteen women, have been survivors of violence in the previous 12 months. Six per cent of women, one in 18, survivors of violence in the previous 12 months.

The nation cannot continue to tolerate that. The nation has to make a difference. We have to get that number down. And, what we are talking about through this Council, the practical measures through which that can have a real and lasting effect.

Governments alone can't solve the problem. At the policy level, we wish to engage this Council on what is our overriding benchmark for policy decision making. What works. What makes a difference. We are not interested in that which sounds good. We are not interested in that which looks good. We are interested in that which actually works and gets these figures down. That's what we're interested in.

The Government's approach to tackling violence against women is also part of a broader framework of social inclusion. And very simply it is this. If you have a social inclusion agenda to build healthy communities, if it works effectively, and you have maximal participation in the nation's social and economic opportunities, it usually generates a healthier web of relationships, it usually generates a healthier web of relationships

That's why the Government is committed to building social inclusion across its policies in Government, in education, in income support, in healthcare and in community services. Violence is not just limited to disadvantaged groups, it occurs across all income groups and cultural groups. And that is why in opposition I committed ourselves to a National Plan to reduce violence against women and children. And your work in this Council is going to be very important in putting that together.

Four specific things that we are working on already.

One, the Respectful Relationships campaign across our schools, across our secondary schools. An education campaign particularly targeted at boys. Important to build that in the minds of young boys as they become adults.

Second, White Ribbon Day. Providing \$1 million to boost White Ribbon Day education activities in rural and regional communities.

Third, working with perpetrators, conducting research into international best practice models for working with perpetrators of violence.

Fourth, reviewing the actual legislation itself with States and Territories to ensure tougher and more nationally consistent laws, and best practice, in relation to reducing violence against women and kids.

And fifth, homicide monitoring. Providing half a million dollars to boost the Australian Institute of Criminology's National Homicide Monitoring Program to investigate domestic violence related homicides to inform future interventions.

The function of this Council is to add to that work and to add to it in areas of evidence based policy, which take us in the direction of bringing those appalling figures down. That's what we want to do.

Of course, the other element which is relevant to violence against women, violence against children, is this - homelessness. Tanya and I share a great passion in this area, what do we do about homelessness.

Recently there was a national conference of those involved in this sector in Adelaide, and Heather Nancarrow was present there and thank you for your work Heather in helping the Government put together its Green Paper on homelessness. That will move towards a White Paper by years' end. But plainly, domestic and family violence is the single greatest reason why people seek help from our homelessness services.

So these things are related. It's not just changing the attitudinal behaviour on the part of men. That is core business, and that is where so much of these activities are directed. It is also about dealing with the immediate emergency services which assist women in these circumstances, and children, and one of those core areas of services is in fact services for the homeless.

That's why for us this is doubly important, getting homelessness right.

The fact that today, in 2008, we can have 100,000 Australians as classified in the census data as homeless, is in my view, obscene. That should not be the case in a country as wealthy as ours.

So these areas of policy are interconnected.

We've got to work on prevention, and that's where so much of the action lies.

We've got to work on response, and that is helping women and children in these circumstances, including in the critical area of homelessness.

But I conclude where I began. It is only possible if you've got effective buy in from the community represented by persons such as yourselves.

Not only do you bring extra expertise to the table, because in Government our expertise is always limited, you also bring to the table acknowledge and familiarity about what happens on the ground. What works at the point of where the rubber hits the road, where it actually is being implemented out there in the homeless shelter, in the domestic violence shelter or at the point of delivery of critical health and care services for women and children in these circumstances.

So, thank you for coming, thank you for being here. We can guarantee you, consistent with the tradition of this Government, to work very hard.

But you know something, it's actually for a good purpose. The purpose is really good public policy. It rests in some very decent Australian values. Values of fairness. And if we can't provide fairness to women and children who are under the threat of violence, then, frankly we need to be trying a lot harder. So thanks for being on board.