**Friday April 10, 2015**

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| **TIMES** | **PROGRAM and ROOMS** | | | |
| 8.00-9.00am | **Registration** | | | |
| 9.00-10.30am | **Oceanic East**  Acknowledgement of Country and Welcome to Delegates   * Introduction from Chair CHP National Committee: **Dr Esben Strodl** * Opening of the Conference: **Associate Professor Marie Caltabiano** * Keynote Speaker 1**: Professor** **Marita McCabe**   **Title of Paper: *Sexuality and Sexual Dysfunction: Not as Simple as it First Appears***  Chair: Lina Ricciardelli | | | |
| 10.30-11.00am | **Morning Tea**  Oceanic Ballroom Foyer | | | |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00 - 12.30pm | Session 1:  **Translating Research into Practice**  **Symposium:**  Facilitator: Heather Gridley  RICKWOOD, D  **An overview of the evidence base for a Social Determinants of Health approach to health and illness** | Session 2:  **Cancer and Health**  Chair: Sue Burney  BEAN, C.  **Who, how and why do people contact a cancer telephone information and support service?**  BROOKER, J.  **Cancer and suffering: Why is self-compassion important?** | Session 3:  **Substance Use and Health**  Chair: Louise Roufeil  TOUMBOUROU, J.  **A community trial estimating the contribution of adolescent alcohol misuse prevention to the reduction of alcohol-related harm in Australia** | **Rapid Presentations**  Chair: Helen Lindner  ROMANIUK, M.  **Psychological and physiological outcomes of a healthy lifestyle program for war veterans**  EBERT, C.  **Emotional Recovery Program for older people** |
| **Friday, 10 April** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00 - 12.30pm  continued | RADERMACHER, H.  **Development of a tool to assist psychologists to apply a Social Determinants of Health approach in practice**  D’ARCY, C.  ***Mothers Living Well* in Bayswater**  HIGGINS, R.  **The cardiac blues:**  **A translational research project to support emotional recovery after a cardiac event**  RICH, A.  **Help-seeking behaviour in overactive bladder:**  **A qualitative study** | LINEHAN, K.A.  **Use of the Distress Thermometer in the context of a telephone-based cancer information and support service.**  **An exploratory study**  LINEHAN, K.A.  **Cancer telephone information and support service staff views on the distress thermometer:**  **barriers, facilitating factors and implications for practice**  FISH, J.A.  **Factors associated with men’s help-seeking for cancer symptoms**  PATTERSON, P.  **Levels of unmet needs and distress amongst adolescents and young adults impacted by familial cancer** | CONNOR, J.P.  **Outcome expectancies and self-efficacy are key psychological constructs in understanding cannabis use and dependence**  BORLAND, R.  **Reconceptualising addiction: Insights from research on smoking cessation**  BLACK, N.  **Predicting heavy episodic drinking using the theory of planned behaviour and habit**  CONNOR, J.P.  **Alcohol use disorder treatment 2020: Is the future more than CBT?** | EBERT, C.  **Care Adapt**  WIRT, T.  **Health promotion in primary schools and cognitive performance- evaluation of transfer effects of a school based program**  BENTON, P.  **Maternal depression, anxiety, self-esteem, body dissatisfaction, child feeding practices, and pre-schooler obesity risk**  CHUR-HANSEN, A.  **When companion animals might not be good for health**  WILCZYNSKA, M.  **Health Action Process Approach Model and physical activity: A systematic review** |
| **Friday, 10 April** |  |  |  |  |
|  | **(Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00 - 12.30pm  continued |  |  |  | LEE, J.  **Examining the effects of self-affirmation on smokers’ message response and behavioural intent**  SHAW, L-K.  **‘I’d rather be single than date a s\*\*\*head’: The dating experiences and concerns of women with breast cancer**  BEAN, C.  **A systematic review of the association between work stress and energy balance-related behaviours** |
| 12.30-1.30pm | **Lunch -**  Bluesalt Restaurant, Crowne Plaza  **College AGM**  (Coogee**)** | | | |
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| **Friday, April 10** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 1.30-3.30pm | Session 4:  **Cancer and Health**  Chair: Mike Shelley  MCGUINESS, C.E.  Cognitive style as predictor of men’s colorectal and prostate cancer screening.  CALLAN, M.  **Information needs of men with localised prostate cancer and their partners**  SHAW, L-K.  **Dating concerns among women with breast cancer or genetic breast cancer susceptibility:**  **A review and**  **meta-synthesis**  McPHEE, C.  **Barriers and enablers of diet and exercise behaviours amongst women with breast cancer** | Session 5:  **Body Image and Health**  Chair: Lina Ricciardelli  CONNAUGHTON, C.  **On the Ball: Evaluating a gender-specific body image program for preadolescents**  TATANGELO, G.  **Preadolescent boys utilising body change strategies: Sociocultural pressure and masculine gender roles**  TIGGEMANN, M.  **The effect of fitspiration imagery on women’s mood and body image**  DION, J.  **A 10-year prospective study of the impact of sexual violence on body dissatisfaction** | Session 6:  **Professional Issues**  Chair: Esben Strodl  MORRISSEY, S.  **Interprofessional learning for Psychology Students: How does it work?**  BEAN, C.  **Australian psychology student perceptions and experiences of health psychology**  HEPWORTH, J.  **Patient engagement: What and who is it good for?**  RATNANESAN, A.  **Future solutions in Australian healthcare**  ALDER, S.  **Creating a multi-practice interdisciplinary collaborative network for private practice** | Session 7: **Understanding and Promoting Health Behaviour**  Chair: Rosemary Higgins  HAGGER, M. S.  **The multiple pathways by which self-control predicts health behaviour**  STREET, T.D.  **Modifying the stages of change model to assess healthy behaviours**  CHAPMAN, J.  **Physical activity adherence: Lessons from a minimal planning intervention in Australian office workers** |
| **Friday, April 10** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 1.30-3.30pm  continued | McPHEE, C.  **The health literacy of women post breast cancer diagnosis** | PRICHARD, I.  **Watching a reality weight loss TV show: The effects on body satisfaction, mood, and snack food consumption** |  | O’HALLORAN, P.  **Use of motivational interviewing to increase physical activity in people living in the community after a hip fracture**  WHITE, K.  **Identifying the beliefs prompting change in a high school-based sun protection intervention** |
| 3.00-3.30pm | **Afternoon Tea**  Oceanic Ballroom Foyer | | | |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 3.30-5.00pm | Plenary 1  ***How to establish yourself as a health psychologist in your organisation***  Dr Sarity Dodson | Workshop Session 1  ***“I’m scared that I won’t be able to breathe”: panic disorder treatment in chronic obstructive pulmonary disease”***  Dr Nicole Livermore | Workshop Session 2  ***The role of partners in coping with cancer: what can psychologists do to help?***  Associate Professor Kerry Sherman | Workshop Session 3  ***Group programs in Managing Chronic Pain***  Dr Mike Shelley  Ms Melissa Hatty |
| 5.00-6.30pm | * **Welcome drinks** Ocean View Courtyard or pre-function foyer (weather dependent) * **Poster Presentations** Lower Ground Level, pre-function foyer | | | |
| **Friday, April 10** | **POSTERS** |  |  |  |
| 5.00-6.30pm continued | KILBY, C.  **Can we stress healthier? Initial findings comparing stress mindset to stress appraisal**  DE LA RUE, J  **Flexible counselling options for homeless young people: increasing access and building capacity.**  HAGERTY, R.G.  **Voice Connection: A model of multidisciplinary vocal healthcare in the primary care setting.**  BROOKER, J.  **Shifts in perceptions of self-associated with the experience of ovarian cancer**  BASIT, T.  **Development of a culturally responsive chronic pain management program for urban Aboriginal and Torres Strait Islander people**  BROOKS, T.  **Does family functioning predict pain severity or duration in women with Persistent Pelvic Pain?**  SACRE, S  **Management of insomnia with cognitive behavioural therapy CBT-i**  VAN DEN HOEK, D.  **N = 1: Autoethnography as a research method for reducing risk-taking behaviours**  STRODL, E.  **An exploration of family coping with congenital heart disease CHD** | | | |
| 7.30pm- | **Conference Dinner -** Nissaki Greek Taverna | | | |

**Saturday April 11, 2015**

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| **TIMES** | **PROGRAM** | | | |
| 8.00-9.00am | **Registration** | | | |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 9.00-10.30am | Session 8:  **Eating Behaviours and Health**  Chair: Barbara Mullan  STAPLETON, P.  **Treatment of food cravings in overweight and obese adults: A comparison of emotional freedom techniques and cognitive behavioural therapy with 12-month follow-up**  OPOLSKI, M.  **Problematic eating behaviours and disordered eating before and after bariatric surgery** | Session 9:  **Culture and Reconciliation in health psychology**  **Symposium:**  Facilitator: Heather Gridley  H. GRIDLEY  **The APS Reconciliation Action Plan**  ROUFEIL, L.  **A role for health psychologists in reconciliation**  RYAN, K.  **Trauma informed and culturally responsive practice in health contexts** | Session 10:  **Technology & Healthcare communication**  Chair: Anna Chur-Hansen  DODSON, S.  **The relationship between health literacy and quality of life in renal dialysis patients**  ISMAIL, J.  **Mobile phone-assisted psychological well-being for the prevention of coronary heart disease**  ALLOM, V.  **How effective are new-media interventions at changing sexual-health risk behaviour?** | Session 11:  **Stress, Coping & Well-Being**  Chair: Helen Winefield  BEN MEFTAH, J.  **The effectiveness of community health workers in reducing cardiometabolic risk: A systematic review**  THIJSEN, A.  **The impact of a vasovagal event on intentions to re-donate blood**  DI BENEDETTO, M.  **Team Sport and Injury: Positive Outcomes for Psychological Distress and Resilience** |
| **Saturday, 11 April** |  | | | |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 9.00-10.30am continued | MCDERMOTT, M.S.  **The application of the Theory of Planned Behaviour to healthy eating: A meta-analysis**  BRUCE, L.  **A systematic review of the correlates of intuitive eating among adult women**  HAMILTON, K.  **Developing theory-based healthy eating messages for long-haul truck drivers: a three-phased formative research approach** | ASIF, N.  **Acculturation and Sexuality: an exploratory research on South Asian women in Australia**  PRENDERGAST, L.  **One year consequences of early adolescent sexual behaviour: a cross-national comparison** | HAWLEY, G.  **Paper and electronic antenatal records: What do women and health care providers tell us about their use?**  BLACKWOOD, E.  **Maternity care providers’ views on effective communication with women in regional, metropolitan and rural and remote Australia**  MONTRONE, M.  **Information dissemination as an integral part of assessment and decision making** | FREE, J.  **Ripples of Blue:  Exploring depression through a Human Rights Framework** |
| 10.30-11.00am | **Morning Tea**  - Oceanic Ballroom Foyer | | | |

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| **Saturday, 11 April** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00-12.30pm | Session 12:  **Eating Behaviours and Health**  Chair: Peta Stapleton  BLEASDALE, A.  **Fruit, vegetables and psychological well-being in Australian women: another application for mindfulness?**  MULLAN, B.  **Building healthy habits: An intervention designed to develop a novel health-behaviour habit**  STRODL, E.  **Metacognitions, meta-emotion and dysfunctional eating**  OSICKA, T.  **An examination of adherence to restricted diets, quality of life, and psychological distress in people with functional bowel disorders** | Session 13:  **Chronic Illness**  Chair: Marie Caltabiano  HARVEY, E.  **Rehabilitation and sexuality – facilitating the talk in chronic Illness**  IKIN, C. R.  **Attitudes about health: actual and perceived risk for Type 2 diabetes**  BEENEY, L.  **Role of media advertising messages in shaping patient expectations for diabetes control** | Session 14:  **Cancer and Health**  **Symposium:**  Facilitator: Ursula  Sansom-Daly  McLOONE,J.  **Evaluating the psychological health and wellbeing of childhood cancer survivors**  SANSOM-DALY, U.  **Health literacy and health-related communication among adolescents and young adults with cancer**  McGILL, B.  **Cascade: A randomised trial of an online psychological intervention for parents after their child’s cancer treatment** | Session 15:  **Understanding Health and Behaviour Change**  Chair: Paul O’Halloran  BORLAND, R.  **The value of taking a comprehensive approach to behaviour and behaviour change**  WINEFIELD, A.  **Length of Unemployment and health related outcomes: A life course analysis**  STREET, T.D.  **Understanding employee intentions to facilitate multiple healthy behaviour changes**  LACEY, S.J.  **TXT 4 Health @ Work: A workplace health behaviour change program for shift workers** |
| **Saturday, 11 April** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00-12.30pm continued | GIST, C.  **The association of distress on food choice behaviours in families with or without food hypersensitivities** |  | SIGNORELLI, C.  **Dental health behaviours in childhood cancer survivors: the impact of long term follow-up care**  DODSON, S.  **Development of a conceptual model of cancer caregiver health literacy: Results from concept mapping**  WALLER, R.  **Understanding the health literacy needs of Eastern Health Breast Cancer Patients** | MONTGOMERY, B.  **The keys to healthy lifestyle change:**  **Preventing disease and promoting health** |
| 12.30-1.30pm | **Lunch** - Bluesalt Restaurant, Crowne Plaza | | | |

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| 1.30-3.00pm | Plenary 2  **Pain Management:** **Looking Behind the Fridge - Where to from here?**  Facilitator: Dr Mike Shelley  A/Prof Kathryn Nicholson Perry  Meredith Jordan  Dr Toby Newton-John | Workshop Session 4  **Sexual dysfunction in health care settings**  Professor McCabe | Workshop Session 5  **Designing and developing health behaviour change interventions**  Dr Sarity Dodson | Workshop Session 6  **Motivational Interviewing for developing chronic disease management skills**  Dr Paul O’Halloran  Dr Helen Lindner |
| 3.00-3.30pm | **Afternoon Tea -** Oceanic Ballroom Foyer | | | |
| 3.30-4.30pm | **Oceanic East**  Keynote Speaker 2: **Professor** **Falko Sniehotto**  **Title of Paper**: **The role of theory in facilitating health behaviour change and maintenance**  Chair: Kyra Hamilton | | | |
| 4.30-5.30pm | **Farewell drinks** - Oceans Bar  **Farewell speech** - Professor Lina Ricciardelli | | | |