**Friday April 10, 2015**

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| **TIMES** | **PROGRAM and ROOMS** |
| 8.00-9.00am | **Registration** |
| 9.00-10.30am |  **Oceanic East** Acknowledgement of Country and Welcome to Delegates* Introduction from Chair CHP National Committee: **Dr Esben Strodl**
* Opening of the Conference: **Associate Professor Marie Caltabiano**
* Keynote Speaker 1**: Professor** **Marita McCabe**

**Title of Paper: *Sexuality and Sexual Dysfunction: Not as Simple as it First Appears***Chair: Lina Ricciardelli |
| 10.30-11.00am | **Morning Tea**  Oceanic Ballroom Foyer  |
|  | **Oceanic East** | **Coogee** | **Clovelly** | **Bronte** |
| 11.00 - 12.30pm | Session 1:**Translating Research into Practice****Symposium:**Facilitator: Heather GridleyRICKWOOD, D**An overview of the evidence base for a Social Determinants of Health approach to health and illness** | Session 2:**Cancer and Health**Chair: Sue BurneyBEAN, C.**Who, how and why do people contact a cancer telephone information and support service?**BROOKER, J.**Cancer and suffering: Why is self-compassion important?** | Session 3:**Substance Use and Health**Chair: Louise RoufeilTOUMBOUROU, J.**A community trial estimating the contribution of adolescent alcohol misuse prevention to the reduction of alcohol-related harm in Australia** | **Rapid Presentations**Chair: Helen LindnerROMANIUK, M.**Psychological and physiological outcomes of a healthy lifestyle program for war veterans**EBERT, C.**Emotional Recovery Program for older people** |
| **Friday, 10 April** |  |  |  |  |
|  | **Oceanic East** | **Coogee** | **Clovelly** |  **Bronte**  |
| 11.00 - 12.30pm continued | RADERMACHER, H.**Development of a tool to assist psychologists to apply a Social Determinants of Health approach in practice**D’ARCY, C.***Mothers Living Well* in Bayswater**HIGGINS, R.**The cardiac blues:** **A translational research project to support emotional recovery after a cardiac event**RICH, A.**Help-seeking behaviour in overactive bladder:** **A qualitative study** | LINEHAN, K.A.**Use of the Distress Thermometer in the context of a telephone-based cancer information and support service.** **An exploratory study**LINEHAN, K.A.**Cancer telephone information and support service staff views on the distress thermometer:** **barriers, facilitating factors and implications for practice**FISH, J.A.**Factors associated with men’s help-seeking for cancer symptoms**PATTERSON, P.**Levels of unmet needs and distress amongst adolescents and young adults impacted by familial cancer** | CONNOR, J.P. **Outcome expectancies and self-efficacy are key psychological constructs in understanding cannabis use and dependence**BORLAND, R.**Reconceptualising addiction: Insights from research on smoking cessation**BLACK, N.**Predicting heavy episodic drinking using the theory of planned behaviour and habit**CONNOR, J.P.**Alcohol use disorder treatment 2020: Is the future more than CBT?** | EBERT, C.**Care Adapt**WIRT, T.**Health promotion in primary schools and cognitive performance- evaluation of transfer effects of a school based program**BENTON, P.**Maternal depression, anxiety, self-esteem, body dissatisfaction, child feeding practices, and pre-schooler obesity risk**CHUR-HANSEN, A.**When companion animals might not be good for health**WILCZYNSKA, M.**Health Action Process Approach Model and physical activity: A systematic review** |
| **Friday, 10 April** |  |  |  |  |
|  | **(Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 11.00 - 12.30pm continued |  |  |  | LEE, J.**Examining the effects of self-affirmation on smokers’ message response and behavioural intent**SHAW, L-K.**‘I’d rather be single than date a s\*\*\*head’: The dating experiences and concerns of women with breast cancer**BEAN, C.**A systematic review of the association between work stress and energy balance-related behaviours** |
| 12.30-1.30pm | **Lunch -**  Bluesalt Restaurant, Crowne Plaza **College AGM**  (Coogee**)** |
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| **Friday, April 10** |  |  |  |  |
|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 1.30-3.30pm | Session 4:**Cancer and Health**Chair: Mike ShelleyMCGUINESS, C.E.Cognitive style as predictor of men’s colorectal and prostate cancer screening.CALLAN, M.**Information needs of men with localised prostate cancer and their partners**SHAW, L-K.**Dating concerns among women with breast cancer or genetic breast cancer susceptibility:** **A review and** **meta-synthesis**McPHEE, C.**Barriers and enablers of diet and exercise behaviours amongst women with breast cancer** | Session 5:**Body Image and Health**Chair: Lina RicciardelliCONNAUGHTON, C.**On the Ball: Evaluating a gender-specific body image program for preadolescents**TATANGELO, G.**Preadolescent boys utilising body change strategies: Sociocultural pressure and masculine gender roles**TIGGEMANN, M.**The effect of fitspiration imagery on women’s mood and body image**DION, J.**A 10-year prospective study of the impact of sexual violence on body dissatisfaction** | Session 6:**Professional Issues**Chair: Esben StrodlMORRISSEY, S.**Interprofessional learning for Psychology Students: How does it work?**BEAN, C.**Australian psychology student perceptions and experiences of health psychology**HEPWORTH, J.**Patient engagement: What and who is it good for?**RATNANESAN, A.**Future solutions in Australian healthcare**ALDER, S.**Creating a multi-practice interdisciplinary collaborative network for private practice** | Session 7: **Understanding and Promoting Health Behaviour**Chair: Rosemary HigginsHAGGER, M. S.**The multiple pathways by which self-control predicts health behaviour**STREET, T.D.**Modifying the stages of change model to assess healthy behaviours**CHAPMAN, J.**Physical activity adherence: Lessons from a minimal planning intervention in Australian office workers** |
| **Friday, April 10** |  |  |  |  |
|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 1.30-3.30pm continued | McPHEE, C.**The health literacy of women post breast cancer diagnosis** | PRICHARD, I.**Watching a reality weight loss TV show: The effects on body satisfaction, mood, and snack food consumption** |  | O’HALLORAN, P.**Use of motivational interviewing to increase physical activity in people living in the community after a hip fracture**WHITE, K.**Identifying the beliefs prompting change in a high school-based sun protection intervention** |
| 3.00-3.30pm | **Afternoon Tea**  Oceanic Ballroom Foyer  |
|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 3.30-5.00pm | Plenary 1***How to establish yourself as a health psychologist in your organisation***Dr Sarity Dodson | Workshop Session 1***“I’m scared that I won’t be able to breathe”: panic disorder treatment in chronic obstructive pulmonary disease”***Dr Nicole Livermore | Workshop Session 2***The role of partners in coping with cancer: what can psychologists do to help?***Associate Professor Kerry Sherman | Workshop Session 3***Group programs in Managing Chronic Pain***Dr Mike ShelleyMs Melissa Hatty |
| 5.00-6.30pm | * **Welcome drinks** Ocean View Courtyard or pre-function foyer (weather dependent)
* **Poster Presentations** Lower Ground Level, pre-function foyer
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| **Friday, April 10** | **POSTERS** |  |  |  |
| 5.00-6.30pm continued  | KILBY, C.**Can we stress healthier? Initial findings comparing stress mindset to stress appraisal**DE LA RUE, J**Flexible counselling options for homeless young people: increasing access and building capacity.**HAGERTY, R.G.**Voice Connection: A model of multidisciplinary vocal healthcare in the primary care setting.**BROOKER, J.**Shifts in perceptions of self-associated with the experience of ovarian cancer**BASIT, T.**Development of a culturally responsive chronic pain management program for urban Aboriginal and Torres Strait Islander people**BROOKS, T.**Does family functioning predict pain severity or duration in women with Persistent Pelvic Pain?**SACRE, S**Management of insomnia with cognitive behavioural therapy CBT-i** VAN DEN HOEK, D.**N = 1: Autoethnography as a research method for reducing risk-taking behaviours**STRODL, E.**An exploration of family coping with congenital heart disease CHD**  |
| 7.30pm- | **Conference Dinner -** Nissaki Greek Taverna |

**Saturday April 11, 2015**

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| **TIMES** | **PROGRAM** |
| 8.00-9.00am | **Registration** |
|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 9.00-10.30am | Session 8:**Eating Behaviours and Health**Chair: Barbara MullanSTAPLETON, P.**Treatment of food cravings in overweight and obese adults: A comparison of emotional freedom techniques and cognitive behavioural therapy with 12-month follow-up**OPOLSKI, M.**Problematic eating behaviours and disordered eating before and after bariatric surgery** | Session 9:**Culture and Reconciliation in health psychology****Symposium:**Facilitator: Heather GridleyH. GRIDLEY**The APS Reconciliation Action Plan**ROUFEIL, L.**A role for health psychologists in reconciliation**RYAN, K.**Trauma informed and culturally responsive practice in health contexts** | Session 10:**Technology & Healthcare communication**Chair: Anna Chur-HansenDODSON, S.**The relationship between health literacy and quality of life in renal dialysis patients**ISMAIL, J.**Mobile phone-assisted psychological well-being for the prevention of coronary heart disease**ALLOM, V.**How effective are new-media interventions at changing sexual-health risk behaviour?** | Session 11:**Stress, Coping & Well-Being**Chair: Helen WinefieldBEN MEFTAH, J.**The effectiveness of community health workers in reducing cardiometabolic risk: A systematic review**THIJSEN, A.**The impact of a vasovagal event on intentions to re-donate blood**DI BENEDETTO, M.**Team Sport and Injury: Positive Outcomes for Psychological Distress and Resilience** |
| **Saturday, 11 April** |  |
|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 9.00-10.30am continued  | MCDERMOTT, M.S. **The application of the Theory of Planned Behaviour to healthy eating: A meta-analysis**BRUCE, L.**A systematic review of the correlates of intuitive eating among adult women**HAMILTON, K.**Developing theory-based healthy eating messages for long-haul truck drivers: a three-phased formative research approach** | ASIF, N.**Acculturation and Sexuality: an exploratory research on South Asian women in Australia**PRENDERGAST, L.**One year consequences of early adolescent sexual behaviour: a cross-national comparison** | HAWLEY, G.**Paper and electronic antenatal records: What do women and health care providers tell us about their use?**BLACKWOOD, E.**Maternity care providers’ views on effective communication with women in regional, metropolitan and rural and remote Australia**MONTRONE, M.**Information dissemination as an integral part of assessment and decision making** | FREE, J.**Ripples of Blue:  Exploring depression through a Human Rights Framework** |
| 10.30-11.00am | **Morning Tea**  - Oceanic Ballroom Foyer  |

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| **Saturday, 11 April** |  |  |  |  |
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| 11.00-12.30pm | Session 12:**Eating Behaviours and Health**Chair: Peta StapletonBLEASDALE, A.**Fruit, vegetables and psychological well-being in Australian women: another application for mindfulness?**MULLAN, B.**Building healthy habits: An intervention designed to develop a novel health-behaviour habit**STRODL, E.**Metacognitions, meta-emotion and dysfunctional eating**OSICKA, T.**An examination of adherence to restricted diets, quality of life, and psychological distress in people with functional bowel disorders** | Session 13:**Chronic Illness**Chair: Marie CaltabianoHARVEY, E.**Rehabilitation and sexuality – facilitating the talk in chronic Illness**IKIN, C. R.**Attitudes about health: actual and perceived risk for Type 2 diabetes**BEENEY, L.**Role of media advertising messages in shaping patient expectations for diabetes control** | Session 14:**Cancer and Health****Symposium:**Facilitator: Ursula Sansom-DalyMcLOONE,J.**Evaluating the psychological health and wellbeing of childhood cancer survivors**SANSOM-DALY, U.**Health literacy and health-related communication among adolescents and young adults with cancer**McGILL, B.**Cascade: A randomised trial of an online psychological intervention for parents after their child’s cancer treatment** | Session 15:**Understanding Health and Behaviour Change**Chair: Paul O’HalloranBORLAND, R.**The value of taking a comprehensive approach to behaviour and behaviour change**WINEFIELD, A.**Length of Unemployment and health related outcomes: A life course analysis**STREET, T.D.**Understanding employee intentions to facilitate multiple healthy behaviour changes**LACEY, S.J.**TXT 4 Health @ Work: A workplace health behaviour change program for shift workers** |
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|  |  **Oceanic East**  |  **Coogee**  |  **Clovelly**  |  **Bronte**  |
| 11.00-12.30pm continued  | GIST, C.**The association of distress on food choice behaviours in families with or without food hypersensitivities** |  | SIGNORELLI, C.**Dental health behaviours in childhood cancer survivors: the impact of long term follow-up care**DODSON, S.**Development of a conceptual model of cancer caregiver health literacy: Results from concept mapping**WALLER, R.**Understanding the health literacy needs of Eastern Health Breast Cancer Patients** | MONTGOMERY, B.**The keys to healthy lifestyle change:****Preventing disease and promoting health** |
| 12.30-1.30pm | **Lunch** - Bluesalt Restaurant, Crowne Plaza  |

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| 1.30-3.00pm | Plenary 2**Pain Management:** **Looking Behind the Fridge - Where to from here?**Facilitator: Dr Mike ShelleyA/Prof Kathryn Nicholson PerryMeredith JordanDr Toby Newton-John | Workshop Session 4**Sexual dysfunction in health care settings**Professor McCabe | Workshop Session 5**Designing and developing health behaviour change interventions**Dr Sarity Dodson | Workshop Session 6**Motivational Interviewing for developing chronic disease management skills**Dr Paul O’HalloranDr Helen Lindner |
| 3.00-3.30pm | **Afternoon Tea -** Oceanic Ballroom Foyer  |
| 3.30-4.30pm |  **Oceanic East** Keynote Speaker 2: **Professor** **Falko Sniehotto** **Title of Paper**: **The role of theory in facilitating health behaviour change and maintenance**Chair: Kyra Hamilton |
| 4.30-5.30pm | **Farewell drinks** - Oceans Bar**Farewell speech** - Professor Lina Ricciardelli |